

# کی TENTORIUM®

PRODUCT CATALOGUE 2019/2020

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### **DEAR FRIENDS!**

For more than 30 years TENTORIUM<sup>®</sup> has been making the world better and has been satisfying the needs of our customers. The highly qualified members of TENTORIUM RULAND Factory Team including scientists, researchers, medical specialists, beekeepers and Company's Distribu-tors always follow our motto – "Quality and Honesty!"

Our Company is proud of the fact that within more than three decades of our operation our Company has earned highest recognition in the world and the right to be ranked among leaders in bee product processing. It is proved by 16 gold, 6 silver and 5 bronze medals our Company has been awarded by the "Apimondia" International Federation of Beekeepers' Associations for in-novative developments and products.

TENTORIUM<sup>®</sup> products mean excellent quality and effect confirmed by various studies and 11 patents, proved by time and millions of our loyal customers.

It's a great pleasure to get words of gratitude and to hear stories about how TENTORIUM® products help people to stay healthy, and how the business our Company has built changes life for the better.

The Technology Revolution has affected many areas of expertise. However, the longing to stay healthy and enjoy financial stability has always remained the same. TENTORIUM<sup>®</sup> can give all that to you!

You really need it! Fill your life with health, beauty and energy together with TENTORIUM®! Bee products should be on every table!

With care and love, Rail Khismatullin, President and Founder, TENTORIUM® Company.

# **ABOUT US**

### Today TENTORIUM<sup>®</sup> Company manufactures more than 140 products, including dragée, balms, honey-based blends, creams and Api-phyto beauty products.

Raw materials are manufactured and processed at state-of-the-art TENTORIUM RULAND factory processing all known bee products. It was designed and built by Ruland Engineering & Consulting Company, Germany. Special attention is paid to the quality control system based on the HACCP principles. Following these principles, our Company performs incoming control of raw materials, manufacturing process support, and acceptance of finished products by pre-determined parameters.

Products manufactured by TENTORIUM® Group are listed among "Russia's Top-100 Products every year: "Tentorium-Wellness" Active Complex in 2015; "Bilberry Pollen" and "Royal Jelly with Genistein in Dark Chocolate"; "ERGO Calcium" Dietary Supplement and "TENTORIUM WELLNESS Mineral Water with Propolis" in 2017; and "Venatorium" Leg Gel and Dietary Supplement in 2018. In 2019 our Company won yet another golden medal awarded by the "Apimondia" International Federation of Beekeepers' Associations for our "Regeneration" Complex Cream with honey bee venom and ROYAL EPIGEN peptide. TENTORIUM<sup>®</sup> Company is continuously cooperating with leading research institutes in Russia and other countries all around the world, including Federal State Budgetary Scientific Institution "Federal Research Center for Nutrition, Biotechnology and Food Safety" (formerly known as Research Institute of Nutrition of the Russian Academy of Medical Sciences); Russian Chitin Society; Beekeeping Research Institute; CJSC "Bioprogress"; Honey Institute (Rome, Italy); Lüneburg Institute of Sustainable and Environmental Chemistry (Lower Saxony, Germany); and Institute for Bee Research (Germany). Furthermore, our company does independent research and develops our own solutions.

Today TENTORIUM<sup>®</sup> products are available in Belarus, Ukraine, Kazakhstan, Mongolia, Kyrgyzstan, Georgia, Azerbaijan, Moldova, Serbia, Macedonia, Armenia, and in all EU countries. Our products are well-known and popular in the USA, Canada, Turkey, Israel, and the UAE. TENTORIUM<sup>®</sup> products are sold in more than 40 countries and our Company keep on moving forward.



Durban, South Africa – Apimondia Gold Medal "Widest Health Product Range"



Dublin, Ireland – Apimondia Gold Medal "Best Bee-Based Product Collection"



Melburn, Australia – Apimondia Silver Medal "Best Invention in Beekeeping Technology"



Montreal, Canada – Apimondia Gold Meal "Best Beauty Products"

# B2B PARTNERSHIP WHOLESALE SUPPLIES

### TENTORIUM® Company distributes products to all regions of Russia and over 40 countries of the world, including EU member states. We managed to cover such a wide territory thanks to individual approach to each client.

We always reach after a win-win partnership doing business with our clients. If you want to take your business to the next level, if you seek for a reliable partner and a high-quality product – you've hit the right spot.

Here is what we offer to our partners.

### **BASIC OFFER:**

- We carry out small, medium and large wholesale supplies of the products from our warehouse.
- We offer high-quality product manufactured at a unique European-standard facility designed and constructed by German engineers.
- We deliver the products in due time.
- We provide full information on Tentorium<sup>®</sup> products and product positioning.

- We handle customs clearance procedures for export.
- We provide documentation and product samples necessary for certification of the products.
- We offer flexible financial policy.
- A personal client manager who will make our partnership maximum smooth and effective.

### **OPTIONAL EXTRA SERVICES:**

- Your private label products manufacturing.
- Adapting products, product labels and POS materials for your region market.
- Producing and/or packaging your products at our facilit.
- Providing logistic and marketing support.

### We are open to discuss your ideas on our cooperation and any special requirements of yours.

### Please contact to start a business with us:

- 🐱 info@tentoriumwellness.com
- tentoriumwellness.com

# ЭКСПЕРТЫ



### NAILYA KHISMATULLINA

Vice-President for Medical Affairs, TENTORIUM® Company, Honored Physician of the Russian Federa-tion, Awardee – Medal of Honors, E. Dashkova's Award of the Russian Academy of Natural Sciences, Certified Api-Therapist



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### TAMARA NECHAEVA

Head of TentoriUM Academy, Certified Beauty Therapist

# SCOPE OF USE





PRODUCTS FOR YOUNG MOTHERS

KIDS PRODUCTS



API-HOUSE



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API-DIET

# INGREDIENTS



## **BEE VENOM**

Venomous secretion produced by specific glands of worker bees and queen bees, which is the most powerful and effective bee product.

Even a minor amount of honey bee venom has significant effect on the human body. Honey bee venom in small doses improves blood circulation, widens blood vessels, and normalizes cholesterol level in blood. The venom penetrates deep into the skin, intensifies metabolic processes and thins blood. It is highly efficient in killing pain and resolving inflammation. Honey bee venom improves joint mobility and facilitates regeneration of tissues. It also improves function of the heart, gastrointestinal tract and liver, and normalizes function of the thyroid gland. It quickly and efficiently rejuvenates the skin stimulating elastin and collagen production.



# **ROYAL JELLY**

### A unique and highly nutritive mixture containing a well-balanced set of vitamins, micronutrients, amino acids and essential decenic acids.

In nature royal jelly is the main and only component of the queen-bee's diet. The queen bee grows from a simple lavra, but royal jelly she consumes makes her two times bigger than other bees. Thanks to royal jelly, the queen bee lives 65 times longer than other bees and is highly fertile. Royal jelly boosts self-protective powers of a living creature, facilitates metabolic processes and regeneration of organs and tissues, stimulates blood circulation, regulates function of endocrine glands, and helps to control cholesterol level. Furthermore, it is a powerful biostimulator that contributes to rejuvenation of a human body.



### PROPOLIS

### A derivative of gummy substances collected by bees from buds of bushes and trees.

Bees use propolis to "construct" their hives and to protect them against pathogenic microorganisms. Propolis is a unique natural "antibiotic" and immunomodulator. In high concentrations is contains more than two hundred essential compounds, including essential oils, bioflavonids, cinnamic acids, tanning agents, balms, polyphenolic compounds, and a rich set of minerals and vitamins (A, E, PP, C, and B group vitamins). Propolis is widely known for its bactericidal, antiviral, anti-inflammatory, painkilling, antioxidant and anti-tumor properties.

# INGREDIENTS



# CHITOSAN

### Chitin-based dietary fiber found in crustacean shell and insect exoskeleton.

Chitosan adsorbs and removes heavy metals, chemical dyes, drugs, radionuclides and other hazardous substances from the body. It also removes excessive cholesterol from blood vessels and stimulates function of the gastrointestinal tract. Chitosan normalizes blood sugar level. It facilitates blood microcirculation and relieves angiospasms, of tiniest capillaries especially. It also improves tolerance of physical and mental stress, and stimulates growth of collagen fibers in the skin, which make the skin elastic. Chitosan extraction method from dead bees is one of important TENTORIUM® Company innovations protected by invention patent.



### **BEE MOTH**

### A gray moth whose larvae feed on wax-containing bee products.

Bee moth extract is an innovation developed by TENTORIUM<sup>®</sup> Company. It contains a unique enzyme (cerase) that destroys wax-like capsules of pathogenic microorganisms and, thus, ruins their self-protection. Bee moth extract contributes to skin regeneration and rejuvenation processes, and facilitates softening and gentle removal of keratinized skin cells. It evens out the skin surface, purifies the skin, prevents loss of nutrients, and moisturizes skin cells. Bee moth extract is used for prevention of cardiovascular and respiratory diseases.



## OVOTELLE

### An exclusive oily component developed and patented by TENTORIUM® experts.

Ovotelle is derived from quail egg yolks by means of the cold extraction technique. This technique provides for preservation of all essential substances that make quail eggs so valuable. Ovotelle moisturizes the skin intensely and helps to cope with first signs of ageing caused by loss of moisture penetrating into deep layers of the epidermis. It is highly hypoallergenic. Ovotelle makes the skin much more elastic. Excellent moisturizing effect of Ovotelle has been confirmed by clinical studies: 93.3% of the participants reported that their skin was sufficiently moisturized and that overall condition of the skin became better. 86.6% of the participants reported on skin elasticity improvement.

# STAYING HEALTHY dragée

The dragée-making technique is based on layer-by-layer application of finely ground particles and wetting syrup onto the core. Layers can differ in their Ingredients and play different roles in protection or distribution of active components.

TENTORIUM® Company uses pure pollen (pellets), beebread granules, crystallized honey or whole berries as the dragée core. Wetting syrup may contain pure honey, liquid herbal extracts or bee products. Powdered sugar, isomalt, ground pollen, dry herbal extracts or dried ground berries are used as particles applied onto dragée. Every dragée has an inner layer of propolis protecting pollen against bacteriological damage and oxidation. Thin protective sugar and wax coating is the final layer preserving biologically active ingredients of all dragée components.

TENTORIUM<sup>®</sup> bee product-core dragée is a conveniently formulated combination of pollen, beebread, pure honey, propolis, beeswax and other api-products, which helps to develop and preserve their flavor and essential substances.

# THERE ARE 4 BASIC TYPES OF TENTORIUM® DRAGÉE:

### **1. BEE PRODUCT-CORE DRAGÉE**

The dragée is based on unique gifts of nature found in beehives, including honey, propolis, beebread, beeswax, bee pollen and bee moth. Thanks to the final sugar and wax coating, all micronutrients, enzymes and vitamins the bee products contain are safely preserved and retain their essential properties for a long time.



### 2. API-PHYTO DRAGÉE

Essential herbal extracts and bee products are key active components of such dragée. A combination of phyto- and api-components ensures synergetic effect of the dragée if it is taken regularly.

### **3. BERRY-CORE DRAGÉE**

Cranberries, cowberries and chokeberries used in the dragée are rich with essential micronutrients, organic acids, phytoncides and vitamins. A combination of honey, pollen and propolis with berries makes the dragée tasty and vitamin-rich and, thus, improves self-protective powers of the human body and strengthens the immune system.

### 4. MILK-CORE DRAGÉE

TENTORIUM<sup>®</sup> dragée of this type has creamy flavor. Natural powdered milk – its main ingredient – is an essential source of protein and micro- and macronutrients.

# **BEE PRODUCT-CORE DRAGÉE**



### Directions for use:

Take 1 teaspoon of the dragée 2 times a day before noon 30 minutes before meals.

### **TENTORIUM PLUS**

Ingredients: pollen (pellets), propolis extract, beeswax.

This is a basic dragée used as a supplement to wholesome diet of the entire family. The basis of the dragée is top-quality bee pollen. Thanks to specific enzymes of pollen pellets – DNA-reducing nucleases – the dragée is beneficial to everyone: it contributes to children's physical growth, helps adults restore vital forces, and strengthens the immune system and increases resistance of the body to adverse environmental factors. Tentorium Plus Dragée contains all basic vitamins, micronutrients, enzymes, nucleic acids and amino acids.

### Expert comment

Thanks to a wide range of its beneficial effects, Tentorium Plus Dragée can be used as the basis for any health program and guarantees physical wellbeing!



## KHLEBINA Ingredients: Beebread, honey, beeswax.

The dragée based on beebread and honey has antisclerotic effect, and restores function of the cardiovascular, digestive and endocrine systems. This is a purpose-specific and clinically approved nutrition product developed for athletes.

### Expert comment

The dragée is recommended as a natural component of a diet intended to regulate gut microflora and function of the liver, thyroid gland, kidneys, lungs, heart, and prostate gland, and their regeneration.

### Directions for use:

Take 4 dragées 3 times a day. To gain weight, take them 30 minutes before meals. To maintain weight, take them right after meals.

# **BEE PRODUCT-CORE DRAGÉE**



## **RA FORMULA**

**Ingredients:** Bee moth and propolis extracts, pollen (pellets), honey, beeswax.

This dragée is of the classic TENTORIUM<sup>®</sup> product range and has a unique component – bee moth extract. In combination with other gifts of nature found in beehives, bee moth extract protects the cardiovascular system. Thanks to cerase enzyme which dissolves wax-like substances in walls of pathogenic bacteria, this product is used to treat respiratory diseases. The dragée improves reproductive function and is perfect for those who are planning for pregnancy.

Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.





## **RA FORMULA - GOLDEN SERIES**

**Ingredients:** Isomalt, bee moth and propolis extracts, pollen (pellets), honey, beeswax.

This is a special dietary version of the classic "Ra Formula" product. Isomalt – a natural sugar substitute with low glycemic index – is used to make the dragée. Thanks to this ingredient, this dragée is just a 'must-have' for people suffering from diabetes or those who try to cut down on sugar.

### Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.

### Expert comment

Ra Formula Dragée has been clinically tested at sites based in tuberculosis dispensaries in Khanty-Mansi Autonomous Okrug. In such studies the dragée was used for treatment of bronchopulmonary abnormalities, including pulmonary tuberculosis.



# **BEE PRODUCT-CORE DRAGÉE**





### **DRONE BROOD JELLY**

Ingredients: Drone brood (homogenate).

A natural product that TENTORIUM<sup>®</sup> has pioneered in use, is based on a unique ingredient - drone homogenate. A natural source of proteins helps increase physical activity, stimulate production of sex hormones and harmonize sexual relationships. Drone brood jelly has a positive effect on libido and sexual vigor, helps balance hormones in the human body.

Directions for use:

Take 1 teaspoon of the dragée 2 times a day (in the morning and in the afternoon) 30 minutes before meals.





### PROPOLIT

**Ingredients:** Fractionated propolis, concentrated propolis extract, beeswax.

The dragée is based on fractionated propolis – an organic mineral complex containing biologically active compounds, and macro- and micronutrients replenishing stores of the human body. The dragée is enriched with propolis extract which is a source of essential oils, tanning agents and flavonoids. It facilitates cleansing of the gastrointestinal tract, normalizes cholesterol level and removes toxic metals, radionuclides and free radicals from the body.

### Directions for use:

Generally, it's recommended to take 0.5 teaspoon of the dragée with plenty of water. The amount of product for intake should be calculated individually.





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### SOFT EXTRA BEFUNGIN

**Ingredients:** Propolis extract, chaga extract, honey, St. John's wort herbal extract, wheat and rye vegetable fibers, molasses, corn flour, beeswax.

Back in 1949 scientists of V.A. Komarov Botanical Institute showed the important role of chaga in scientific practice – the people living in Siberia who traditionally use chaga in drinks and infusions, very seldom suffer from oncological diseases. Protect yourself as the Siberians do! Bee products and chaga mushrooms used in the dragée have synergetic effect, enhance each other's effect, and facilitate recovery after intoxication and medication therapies.

### Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.





## O-DE-VIT

**Ingredients:** Propolis extract, honey, pollen (pellets), birch leaf extract; Elecampane, Althaea officinalis, licorice root extracts; St. John's wort and thyme extracts; beeswax.

The dragée has been developed to let people breathe deeply and to protect them against flu and viruses. Thanks to its specific recipe, the dragée can be used both for prevention and treatment of viral respiratory infections. The dragée is safe for all members of the family.

Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals. During the first days of disease, take 1 teaspoon of the dragée up to 6 times a day, each 2-3 hours.





### **EXTRA-LOR**

**Ingredients:** Pollen (pellets), honey; oak bark, rose hip, St. John's wort, thyme, calendula, eucalyptus leaf, and propolis extracts; beeswax.

This is an efficient dragée the ingredients of which have anti-inflammatory and antiseptic effects. A well-balanced set of api-phyto components regulates condition of the upper respiratory tract and oral microflora, and protects the oral cavity and throat against penetration and growth of bacteri.

### Directions for use:

Take 1 teaspoon of the dragée sublingually 3 times a day 30 minutes before meals.



# **API-SPIRA**

**Ingredients:** Pollen (pellets), spirulina, propolis extract, honey, beeswax.

Blue-green algae and bee products this tasty vitamin complex contains have natural synergetic effect. Spirulina is one of the oldest algae on Earth and contains calcium, magnesium, zinc, phosphorus, iron, and vitamins B, C and E. In combination with honey and propolis the algae improves hemipoiesis and improves self-protective powers of the body. The dragée is suited for children as a vitamin and mineral complex in the period of their active growth.

Directions for use:

Take 1 teaspoon of the dragée 3 times a day before meals.





### **API-ELITE**

**Ingredients:** Pollen (pellets), honey; milfoil, birch leaf, cowberry, rose hip, dandelion root, ginger, propolis extracts; beeswax.

This natural dragée based on phyto extracts and bee products is an effective solution for safe and healthy weight management. A unique formula combines a balanced complex of effective ingredients that help control weight.

### Directions for use:

Take ½ teaspoon of the dragée 2-3 times a day 30 minutes before meals with 2 glasses of acidified water to correct your weight.

### Expert comment

This product is recommended for a well-balanced diet. It improves mental abilities and physical condition and contributes to prevention of cardiovascular diseases.



300 g

### ТЕНТОРИУМ





### **HEPATOLINUM**

**Ingredients:** Honey, propolis extract, flaxseed flour, milk thistle extract, beeswax.

The product perfectly suits those who seek to achieve a detox effect. It contains a natural hepatoprotector that literally protects liver cells thanks to a unique and well-known flavonoid silymarin in it, obtained from holy thistle extract. Flax meal is rich in omega-3 fatty acids and dietary fibers.

### Directions for use:

Take 1 teaspoon of the dragée 3 times a day before meals.

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### Expert comment

Silymarin accelerates regeneration of liver cells, it is effective for neutralization of heavy metals. It strengthens outflow and secretion of bile, improves skin health in liver diseases, has antioxidant effect. The effect of silymarin is reinforced by bee products that help gently cleanse the body and enrich it with vitamins and micronutrients.





### **BIFIDOKHLEBINA**

**Ingredients:** Beebread, honey, flaxseed flour, inulin, probiotic bacteria culture, beeswax.

Lactic acid bacteria of beebread enriched with bifidus bacteria, inulin and dietary fibers combined in this dragée are essential for vital activity of healthy gut microflora. The product perfectly suits for cleansing the gastrointestinal tract and is very helpful to people with allergies and skin diseases during recovery period.

Directions for use:

Take 1 teaspoon of the dragée sublingually 3 times a day after meals.

### 300 g





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### **API-FORMULA 3. GOLDEN SERIES**

Ingredients: Isomalt, pollen (pellets), propolis extract, honey; dandelion root, licorice root, mint leaves, chamomile flowers, immortelle flowers, and fennel seed extracts: beeswax.

The bee products and phyto ingredients of this dietary formula have beneficial effect on the small intestine that is the main human organ to adsorb nutritive substances. The combination of bee products and phyto components improves intestinal motility and facilitates carbohydrate metabolism and function of the pancreas.

Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.

### Expert comment

Dragée components improve digestion in enzyme deficiencies, and have anti-inflammatory effects.

### 280 g





## **TENTORIUM BEEACTIVE**

**Ingredients:** pine nuts, isomalt, honey, royal jelly, propolis extract, ascorbic acid (vitamin C), beeswax.

A natural and tasty product based on pine nuts and royal jelly gives energy boost. Vitamins and minerals regulate metabolism, bee products give energy for the whole day.

Combination of ingredients makes this dragée a real catch for anyone who wants to live an active lifestyle. The dragée gives vital forces, boosts activity, stimulates metabolism. A specialty food product for athletes, clinically tested.

**Directions for use:** 

Take 1 teaspoon of the dragée 3 times a day during periods of intense physical and mental stress.



# **BERRY-CORE DRAGÉE**



### ТЕНТОРИУМ Тенториум Тенториум Тенториум Николар Воспрессе



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# **SORBUS**

Ingredients: Red rowan berries, honey, beeswax.

This tasty natural dragée is used in synergy with honey to prevent atherosclerosis, and to strengthen vascular walls and increase their elasticity. Thanks to diuretic effect of red rowan berries, the product gently normalizes blood pressure. The combination of natural components makes the product safe for people of any age.

Directions for use:

Take 1 teaspoon of the dragée 2 times a day before noon 30 minutes before meals.

# **BERRY-CORE DRAGÉE**

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TENTORIUM

BEST SELLING PRODUCT

# 180 g 300 g



### **BILBERRY**

Ingredients: Beebread, fruits of bilberry, honey, beeswax.

This nourishing "Bilberry" dragée is recommended as health improving therapy for prevention and treatment of eye diseases, normalization of daylight and twilight vision, and strengthening of eye capillaries.

### Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.

### Expert comment

The product is free of artificial coloring and preservative agents.

### **Curious Facts:**

The eyes mirror the soul. Your eyes can speak, you can drown in someone's eyes, you can make eyes at somebody, and sometimes you can't take your eyes off someone.

We get over 95% of information about the world through our sight, so good eyesight becomes

one of the key essentials in our everyday life. We all perfectly know the adverse factors that affect our eyesight – flickering computer monitors, TV screens, reading in twilight, overstress, and fatigue.

Take care of your health using "Bilberry" dragée!

# **BERRY-CORE DRAGÉE**

### 180 g

180 g





### **COWBERRY**

**Ingredients:** Cowberries, honey, pollen (pellets), propolis extract, cowberry leaves extract, beeswax.

This product contains components that enhance each other's effect. Intended for regulation of functional activity of the urinary system, and have antipyretic and diuretic effects.

### Directions for use:

Take 1 teaspoon of the dragée 2 times a day before noon 30 minutes before meals.

# BERRY BOOM



### **BERRY BOOM**

**Ingredients:** Chokeberries, cranberries, cowberries, honey, propolis, vitamin complex.

This tasty vitamin complex formulated as dragée is based on natural components, honey, propolis and winter berries. The berry dragée enriched with vitamins B, C, D and E boosts self-protective powers of the body and facilitates mental and physical activity. The tasty and beneficial product is highly appreciated by kids. This product is a nominee in the Russian National "Quality Assurance" competition.

### Directions for use:

Take 2 teaspoons of the dragée 3 times a day 30 minutes before meals.

### Expert comment

Cranberries, cowberries and chokeberries with their high content of vitamin C are rich in essential micronutrients, organic acids and phytoncides.





# YUMMY FUN TRIP TOGETHER WITH "BEEOGRAPHY" CHARACTERS

# "Beeography" is an educational animated TV series sponsored by TENTORIUM® Company.

A little girl Renata and her friend Buzzie the Bee travel around the world in the search of "Kindroid Understandor" and learn a lot about different countries' culture and traditions.

The Company has launched the production of the dragée based on fat-free whole milk powder under the brand of the animated TV series "Beeography". TENTORIUM<sup>®</sup> milk dragee product line includes 'O-De-Vit', 'Extra-Lor', 'Khlebina' - all of them have the nicest

taste and all health-promoting properties of milk. Milk is a valuable source of protein and essential microand macronutrients. Thanks to a well-balanced combination of bee products and natural phyto extracts, the milk-core dragée facilitates wholesome development, improves resistance to viruses and infections, and boosts the immune system.

> If you enjoy adventures, watch "Beeography" cartoon series on YouTube and subscribe to our channel!





# MILKY O-DE-VIT

**Ingredients:** Powdered milk, honey, propolis extract, pollen (pellets), corn flour; Elecampane, Althaea officinalis, licorice root extracts; thyme, birch leaf, St. John's wort extracts; beeswax.

The herbal components and bee products this dragée contains are combined to produce an ideal dietary product to restore function of the respiratory system and to prevent any seasonal respiratory diseases.

### Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals. During the first days of disease, take 1 teaspoon of the dragée up to 6 times a day, each 2-3 hours.



# **BEEOGRAPHY DRAGÉE**

150 g





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### **MILKY EXTRA-LOR**

**Ingredients:** Fat-free powdered whole milk, honey, beeswax, propolis extract, pollen; oak bark, eucalyptus leaf, St. John's wort, thyme, calendula, rose hip extracts.

Thanks to the combination of natural ingredients, the dragée has excellent antiseptic and anti-inflammatory effects. The entire well-balanced set of api-phyto components regulates oral microflora, prevents diseases of the mucosa, teeth and gums, cures the oral cavity, and eliminates bacteria that cause bad breath.

Directions for use:

Take 1 teaspoon of the dragée 3 times a day 30 minutes before meals.

180 g





### **MILKY KHLEBINA**

**Ingredients:** Powdered milk, beebread, honey, propolis extract, beeswax.

The natural multivitamin complex is fully digestible and facilitates metabolic processes. The complex combining beebread, honey and beeswax strengthens the immune system and contributes to children's growth.

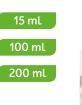
### Directions for use:

Take 4 dragées 3 times a day To gain weight, take them 30 minutes before meals. To maintain weight, take them right after meals.

TENTORIUM<sup>®</sup> balms and syrups are based on plant extracts with a concentration of active substances higher than in plants. Their effect is intensified manifold thanks to extracts from natural bee products and other natural extracts.

Propolis and chitosan aqueous and oily extracts are the main components of bee product-based balms which are used to increase human body resistance.

Balms with berry syrups saturate the body with vitamins and micro- and macronutrients, and balms with api-phyto ingredients boost the immune system and resistance to flues.



### A-P-V

BEST SELLING PRODUCT

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TENTORIUM® Quality & Honesly

opolis Aqueou

200 g

Ingredients: Natural propolis, ionized purified water.

A-P-V is a propolis aqueous extract made of water and natural pure propolis that has antimicrobial, antifungal and antiviral effects.

A unique technology of extraction of cinnamic acids from propolis is used at TENTORIUM RULAND factory.

The main component of the balm has distinct antiviral effect, it helps fight influenza, Herpes simplex and hepatitis viruses, helps the body resist pathogenic agents of gastric and duodenal ulcer, helps cure cold when its first symptoms appear, and protects human body from microbial invasion.

Due to exceptional antimicrobial properties of propolis it perfectly suits for both, internal and external use. As for external use, the product is very helpful in fighting dental and gums inflammations, also in healing bruises and cuts.

Natural multi-purpose product does not contain alcohol and is absolutely safe for adults and children, pregnant women and drivers.

### **Directions for use:**

Take 1 dessert spoon of the balm 3 times a day 20 minutes before meals; or External Use: in the form of applications.

### Expert comment

Propolis as a natural antibiotic helps fight a wide range of health problems and prevent them without a necessity to take actual antibiotics. The product doesn't cause any addiction or side effects.





## **APIBALM 1**

Ingredients: Propolis oily extract, propolis-containing beeswax.

Propolis oily extract is used to strengthen and regenerate the nasopharyngeal mucosa. The product softly coats mucosal membranes and protects them against inflammation and minor injuries. It is not addictive and does not cause irritation.

### Directions for use:

Internal Use: Dissolve 1 teaspoon of the balm in a small amount of water; or External Use: apply to the oral mucosa; or Use it as nasal drops.

### Expert comment

"Apibalm 1" is based on vegetable oil combined with propolis that has healing, antiinflammatory and antiviral effect. The balm can be applied externally to treat conditions of the oral cavity (stomatitis, small ulcers, and bleeding gums) and dry nasal membrane.

15 mL



### **NO.1 PRODUCT**

Ingredients: Propolis, ionized purified water, propylene glycol.

This is a legendary product of TENTORIUM<sup>®</sup> product range, which is a formulation of soluble propolis balm combined with biologically active substances in high concentrations. Thanks to the regenerative properties of propolis, this immunostimulant and antioxidant is beneficial for people with compromised immune system and those recovering from illness. This balm is excellent for prevention of cardiovascular diseases.

### Directions for use:

*Internal Use:* Dissolve 5 balm drops in water and take it 3 times a day 20 minutes before meals; or **External Use:** apply to the oral mucosa.





### **NO.3 PRODUCT**

Ingredients: Treated water, propolis, concentrated propolis extract.

No.3 Product is a combination of A-P-V propolis aqueous extract and No.1 Product. Flavonoids and flavonols it contains strengthen capillary walls, and cinnamic acids have anti-inflammatory and antiulcerative effects. Propolis components thin blood, relieve angiospasms, and boost metabolic processes.

Directions for use:

Take 1 teaspoon of undiluted balm 3 times a day.

### Expert comment

This alcohol-free propolis aqueous extract is enriched with cinnamic acids and flavonoids. It is safe for kids, pregnant women and people maintaining healthy lifestyle. Natural sedimentation of propolis particles is acceptable.

### 240 ml



### SORBUS

Ingredients: Rowan-berry extract, concentrated propolis extract, sorbitol syrup.

Vacuum treatment of rowan-berry extract allows processing fresh berries without thermal exposure. This allows preserving all beneficial properties of A, E, C, PP, B vitamin complexes, micro- and macronutrients contained in raw materials for the product. The syrup is sugar free – it's the sorbitol syrup which makes it sweet. Sorbitol has mild laxative and diuretic effects.

### Directions for use:

Dissolve 2-3 teaspoons of the syrup in a glass of warm water and take it 2 times a day before noon before meals.

### Expert comment

Absence of sugar and mild laxative effect make "Sorbus" syrup a perfect remedy for proper functioning of the digestive system.

BEST SELLING

15 ml 100 ml



Apimondia-2001 Silver Medal awarded by the "Apimondia" International Congress of Beekeeping Associations

### **APIHIT**

**Ingredients:** Low molecular weight chitosan, water fraction of Siberian fir CO<sub>2</sub>-extract.

APICHIT is one of top TENTORIUM<sup>®</sup> products. This natural complex is a unique combination of chitosan and Siberian fir extract. Chitosan is widely known for its absorption capability – it is a powerful natural sorbent capable of binding and removing toxins from the body. Chitosan as a component of ApiHit Balm regulates blood pH and cholesterol levels, purifies lymph, normalizes gut microflora, improves microcirculation, relieves angiospasms of tiniest capillaries especially, and facilitates wound healing. Fir CO<sub>2</sub>-extract is rich in vitamin C and has antibacterial and antiviral effects. It also contains essential anthocyans and flavonoids.

ApiHit is a specialty food product for athletes. Clinically tested.

Directions for use:

Take 7 drops of ApiChit Balm 3 times a day 30 minutes before meals.

### **Curious Facts:**

In 1989 "Komsomolets" nuclear submarine went down in the Norwegian Sea. It seemed impossible to raise it. Thus, scientists decided to fill the submarine body with chitosan that would absorb all radioactive substances the submarine was exhausting into the sea waters. Almost 30 years have elapsed since then, but the chitosan gel is still securely protecting the Norwegian Sea against radioactive isotopes.

TENTORIUM<sup>®</sup> Company has a Silver Medal for innovative development of a unique chitosan extraction method from dead bees, which was awarded at the "Apimondia" International Congress of Beekeeping Associations (Durban, UAE, 2001).

### 200 ml



### **KHINASI**

**Ingredients:** Propolis, birch leaf, bearberry, immortelle flowers, St. John's wort, Equisetum arvense, rose hips, comarum root, basil extracts.

The balm contains propolis and herbal components, which normalize water and salt balance and metabolic processes, and improves joint mobility. In traditional and alternative medicine balm components are used for prevention of cardiovascular and kidney diseases.

### Directions for use:

Take ½ to 2 teaspoons of the balm 2 times a day before noon. The balm is most efficient when it is used in combination with Tentorium dragée and massage with Tentorium cream.

### 100 mL



# ACILE

Ingredients: Mumio, Siberian ginseng extract.

Mumio is a legendary "mountain oil" that facilitates metabolism, and Siberian ginseng is a natural adaptogen, i.e. an agent increasing resistance of the human body to adverse environmental factors. Excellent product that helps your immune system remain strong and healthy, helps recover after surgeries or bone fractures. The balm is recommended for kids and elderly people.

### Directions for use:

Dissolve one teaspoon of the balm concentrate in 200 ml of warm water and take it 30 minutes before meals once a day before noon.

### Expert comment

Specialty food product for athletes, clinically tested.



What are honey blends by TENTO-RIUM®? Only high-quality honey combined with royal jelly, beebread, propolis, pollen, and other api-phyto components. These combinations allow reaching synergetic effect and get maximum benefit for health.

TENTORIUM<sup>®</sup> Company uses only high-quality honey which has successfully passed two-stage laboratory control. Honey is a natural preserving agent that successfully retains all beneficial properties of royal jelly, propolis, pollen and beebread.

TENTORIUM<sup>®</sup> honey blends are available in two types of packaging – unit packaging (100 g) which fits easily into a handbag or schoolbag, and family packaging (300 g) for a group of people. Products in "space" packaging have high nutritive value and double contents of active ingredients (royal jelly, pollen, and propolis)!





# ΑΡΙΤΟΚ

Ingredients: Honey, royal jelly, propolis extract.

The combination of honey, propolis and royal jelly is recommended for people suffering from digestive, endocrine and bronchopulmonary system disorders. The unit packaging is convenient to use any time during the day wherever you are.

### Directions for use:

Take ½ teaspoon of ApiTok 1-2 times a day 30 minutes before meals before noon.

### Expert comment

Honey blends are beneficial for both adults and kids, and especially for those with compromised immune system. These honey-based blends contribute to health improvement and boost immunity. Royal jelly and propolis in combination with honey activate human body defenses when under stress, extreme conditions and during recovery after illnesses.





### **APITONUS**

Ingredients: Honey, royal jelly.

Honey and royal jelly help control cholesterol level, stimulate blood circulation and lactation and boost body defenses.

### **Directions for use:**

Take ½ teaspoon of ApiTonus 1-2 times a day 30 minutes before meals before noon.







# **APIPHYTOTONUS**

Ingredients: Honey, royal jelly, pollen (pellets).

The components of this blend – pollen, royal jelly, and honey – activate body defenses when a person is under mental, physical or emotional stress, and in extreme situations. Apiphytotonus is just right for people who need awell-balanced diet. Say "Yes!" to normal blood pressure! Say "No!" to stresses and fatigue!

Specialty food product for athletes, clinically tested.

### Directions for use:

Take ½ teaspoon of Apiphytotonus 1-2 times a day 30 minutes before meals before noon.

### 300 g



### POLYANKA

Ingredients: Honey, pollen (pellets).

The combination of honey and bee pollen is tasty and healthy. This blend has positive effect on the liver and improves functions of the gastrointestinal tract. Pollen combined with honey preserves natural vitamins, micronutrients and enzymes of honey.

### Directions for use:

Take ½ teaspoon of Apiphytotonus 1-2 times a day 30 minutes before meals before noon.

### Expert comment

Honey and pollen improve appetite and blood composition, facilitates hemopoiesis. These ingredients also increase vascular elasticity, normalize fat metabolism and improve function of the heart.





# TOPOLYOK

Ingredients: Honey, concentrated propolis extract.

The combination of honey and propolis in a convenient small unit packaging is a natural supplement to basic nutrition in gynecological diseases, inflammation of the urinary tract and bile ducts, and any infectious conditions.

### Directions for use:

Take 1 teaspoon of Topolyok 2-3 times a day 30 minutes. before meals.

### 300 g



## HONEY WITH BEEBREAD

### Ingredients: Honey, beebread.

This product is a classic combination of honey and native beebread. Beebread consists of up to 20% protein which is recommended for basic nutrition of athletes, kids during the period of active growth, and people who need a special diet for any reason. Beebread increases red blood cells level, hemoglobin level, helps keep normal white blood count.

### Directions for use:

Take 1 teaspoon of the product 1-2 times a day 30 minutes before meals.

### Expert comment

Honey combined with beebread enriches the body with vitamins, amino acids and micronutrients, improves function of the stomach and intestines and cardiovascular system. This combination increases working capability and speeds up recovery process.





# **\*TENTORIUM WELLNESS** ACTIVE COMPLEX

**Ingredients:** Honey, beebread, propolis water extract, concentrated propolis extract, pollen (pellets), royal jelly, chitosan, pine nuts, mumio, Siberian ginseng extract.

When taken regularly in small amounts, the honey blend improves blood circulation and composition, help maintain micronutrient level, increases working capability, and stimulates body defenses.

### Directions for use:

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The active complex is ideal as a supplement to basic diet of people who are under physical or mental stress. Award Winner of the "Russia's Top-100 Goods" All-Russian Quality Competition



400 g



### **VITAL FORCE PLUS**

**Ingredients:** Honey, pollen (pellets), horseradish extract, concentrated propolis extract.

This energy boosting product increases endorphin production and promotes physical and emotional health. The product was tested during extreme river rafting in Northern Ural. Not recommended before going to sleep!

Directions for use:

Take 1-2 teaspoons of the product before noon.





# HONEY WITH LECITHIN

Ingredients: Honey, lecithin.

This product is just a must-have for students, school children and elderly people. It has distinct positive effect on mental processes, memory and concentration, and improves sleep quality. Regular use of this honey blend in therapies for liver and gallbladder diseases proved that lecithin is effective in relieving pain and other troublesome symptoms and reduction of psoriasis skin lesions.

Directions for use:

Take 1 teaspoon of the product 2-3 times a day 30 minutes before meals.

# 100 g 300 g



# HONEY WITH MUMIO

Ingredients: Honey, mumio.

This honey blend combines traditional properties of honey with innovative TENTORIUM<sup>®</sup> solutions. Such combination facilitates recovery after infections and during post-op periods.

### Directions for use:

Take 1 teaspoon of the product 2-3 times a day before meals.

### Expert comment

Honey and mumio have strong anti-inflammatory effect, contribute to regeneration of bone tissue and wound healing, and have positive effect on gut function and microflora.



# HONEY-BASED PRODUCT



# **`GOLD BAR**" **API-SNACK**

Ingredients: Beebread, propolis, royal jelly, pollen, pine nuts, sunflower seeds, mumio, Siberian ginseng, flaxseed, chitosan, honey.

This product is Russia's first api-snack containing all known gifts of nature found in a beehive.

Positive effects of this natural complex of vitamins and micronutrients contained in bee products and herbal components are the following:

- Protects the body against stress it improves stress resistance, and provides additional support during infectious epidemics and seasonal immune deficiency;
- Reduces the risk of a heart attack and stroke:
- Helps the body fully recover during sleep when under stress;
- Gives energy boost for the whole day.

### Directions for use:

Divide 1 pack of "Gold Bar" into two equal parts and take one part in the morning and the other one in at lunchtime.

Favorable effect of the bee products used in "Gold Bar" to the human body has been clinically proven in studies performed at Yugorsk College of Olympic Reserve (Khanty-Mansiysk)



# UNIQUE COMBINATION OF ACTIVE INGREDIENTS

per 100 g of the product GOLDEN INGREDIENTS





"Apimondia" Gold Medal for book on pollen analysis which enables people distinguish high-quality honey from adulterated honey

> "Apimondia" Bronze Medal for "Beekeeping Collection"

# TENTORIUM® HONEY COLLECTION

TENTORIUM® HONEY COLLECTION includes best natural honeys gathered in different regions of Russia. Each honey jar in the Collection is a benchmark of quality and a real treasure. Every product is produced in limited batches.

In order to verify botanical origin of honey, TENTORIUM<sup>®</sup> Company tests each batch. Such resource-intensive pollen analysis provides information about pollen grain content in plants from which the honey was gathered, and about geographical origin of honey.

Pure monofloral honey is rare – such honey is collected by bees from flowers of the same type. According to a relevant state standard, such honey must contain at least 30% of pollen grains of specific flowers.

Pollen analysis of floral honey includes determination of the main honey plants. Pollen analysis results are attached to every TENTORIUM<sup>®</sup> honey jar.

Thorough regular tests ensure highest quality of TENTORIUM® honey. Try TENTO-RIUM® Honey Collection and check out its original taste and health benefits!





### Natural creams with long-lasting effect.

Thanks to the unique recipes, TENTORIUM<sup>®</sup> revitalizing creams are truly exclusive. All creams contain bee products well-known for their multiple beneficial effects. Honey bee venom, propolis extracts and beeswax are the most valuable components of TENTORIUM<sup>®</sup> creams.

Natural oil base facilitates penetration of active ingredients deep into the skin and, thus, ensures intensive nourishing, moisturizing and regeneration of the skin, and normalizes metabolic processes.

Another peculiarity of TENTORIUM® creams is their long-lasting beneficial effect.

TENTORIUM<sup>®</sup> health creams are produced from natural high-quality raw materials at the factory with advanced technologies and equipment.



### TENTORIUM

**Ingredients:** Propolis extract, honey bee venom, beeswax, horseradish extract, linden blossom CO<sub>2</sub>-extract, camphor oil.

This classic multipurpose cream with bee venom helps recover after physical stress, relieve muscle pain. It also has general health-promoting effect on the human body.

The cream softens and nourishes the skin. It is perfect for therapeutic, health-improving and sports massage. The powerful effect is ensured by one of the active components – honey bee venom or apitoxin. Honey bee venom is the most powerful and efficient bee product. Even in minor concentrations it has strong effect on the human body.

When combined with other most beneficial bee products, bee venom in small amounts improves blood circulation and vital tonus. Api-products proved their multiple benefits by centuries of experience. They are even more efficient when used for massage.

Massage with Tentorium Cream relieves muscle fatigue and pain, restores joint mobility and facilitates muscle rehabilitation after intensive physical exercises.

### Directions for use:

The cream is recommended for use in massage procedures.

### Expert comment

Tentorium Cream components – beeswax, honey bee venom, propolis extract and horseradish extract – are extracted from bee essence. They improve blood circulation and have anti-inflammatory, painkilling and antipruritic effects. They also dissolve calcium crystal deposits on articular surfaces, and restore joint mobility.

#### 50 ml



### APIBALM-2

Ingredients: Propolis extract, honey, propolis-containing beeswax, fatty oil.

This balm is based on recipes of the State Committee for Science and Technology of the USSR. It softens scar tissue and heals skin injuries. Propolis and honey this balm contains moisturize, regenerate and soften the skin and make it more resilient. Efficiency of the balm has been proven by years of experience.

#### Directions for use:

Apply in thin layer 1-2 times a day to damaged skin, cover it with a paper towel, and let the cream soak in.

#### 50 ml



### **API-CREAM**

**Ingredients:** Pollen (pellets), honey, beeswax, propolis extract, bee product tincture.

When applied regularly to biologically active points, the cream improves microcirculation and, thus, memory, concentration and visual acuity. Cream ingredients have antisclerotic effect, help to recover strength, boost energy, cope with meteorological sensitivity, and help to adapt to the change of climatic zones.

### Directions for use:

Rub the cream in circular motions into biologically active points 1-3 times a day.

#### Expert comment

The most widely known biologically active points are found at the beginning of the eyebrows, on the upper lip under the nose, in the center under the lower lip, on the temples, behind the ears, and within the collar zone.



### VITUS-FACTOR

Ingredients: Pollen (pellets), beeswax, honey, pine pitch, propolis extract.

Natural components of the cream act as painkillers and antispasmodic agents, have hemostatic and regenerative effects, and relieve swelling. Propolis and pine pitch are traditionally used to treat vascular diseases.

**Directions for use:** 

Apply the cream daily and massage the affected area. A total of 14 massage sessions should be performed on every second day.

> exe TENTORIUM

RHINO-FACTOR Nasal Ointment

15.9

#### Expert comment

This classic cream is recommended by certified api-therapists to maintain function of the intestines and genitourinary tract, and female fertility; it is used to treat hemorrhoids and male sexual problems such as prostatitis and prostate adenoma.

15 ml

#### BEST SELLING PRODUCT

### **RHINO-FACTOR**

Ingredients: Beeswax, propolis extract, eucalyptus essential oil, clove oil, mint oil.

Since the very moment of its release Rhino-Factor Cream has been a best selling product and a leader of TENTORIUM<sup>®</sup> product range. The reason is obvious - this natural cream protects the nasal mucosa and removes nasal congestion. The effect of cream components is based on powerful reflex stimulation of the nasal mucosa which results in reduction of excessive mucus secretion. The cream relieves nasal mucosal swelling and pain, and strengthens vascular walls. Cream components have distinct bactericidal and antiviral effects

### Directions for use:

Apply a small amount of the cream into each nasal passage during period of seasonal acute respiratory viral infections.



50 ml



### CHILIDONIA OVOTELLE

**Ingredients:** Ovolette, pine pitch, beeswax, propolis extract, honey.

Thanks to its ingredients, this cream is efficient all year round. In winter it helps to cure windburns; in summer it moisturizes the skin; and in spring and autumn is prevents acute episodes of skin diseases. The component combination facilitates healing of cracks in the skin, psoriasis and diathesis. The patented Ovotelle ingredient ensures softness of the skin and maximum efficiency of the cream.

Directions for use:

Apply the cream to damaged skin areas for 3 hours. Remove remaining cream with water or a paper towel.

50 ml



### **API-BUST OVOTELLE**

**Ingredients:** Ovotelle, pollen (pellets), honey, bee tincture, propolis extract, lanoline, pine pitch, horseradish extract, camphor oil.

This cream helps keep neckline and breast skin area firm and tight. The patented Ovotelle ingredient extracted from quail egg yolks ensures high efficiency of the cream. The cream is perfect for skin ageing prevention and daily use. Its natural components improve local blood circulation, strengthen skin tissues, help prevent appearance of stretch marks and inflammations of mammary glands.

### Directions for use:

Apply the cream to wet skin of the neck and breasts in gentle massage motions.



### **EXTREME CREAM**



**Ingredients:** bee venom, beeswax, Badiaga sponge, chlorophyllcarotene pine needle paste, horse chestnut and calendula extracts.

The cream with honey bee venom and Bagiaga sponge is intended for treating consequences of injuries, sprains, and minor muscle and connective tissue injuries. Thanks to its immediate effect, the cream is a perfect first-aid remedy for injuries during sports and outdoor activities. The cream was tested by fishermen and hunters in extreme conditions. Badiaga and bee venom help to quickly get rid of bruises, swelling and pain. Calendula extract protects the skin and relieves irritation. Pine needle paste has prominent antiseptic effect.

#### Directions for use:

Apply a small amount of the cream to damaged skin areas (bruises, hematomas, or sprain). Do not apply to wounds.

#### **Curious Facts:**

Traditional wild-hive beekeepers have an extraordinary custom. They unleashed a swarm of bees on those who were unlucky to fall down from a tree or who managed to fight for honey with a bear. After that they washed the poor fellows in different herbal decoctions, coated them in wax, dressed them in pine needles and let them lay for a few days. Benefits of such therapy were astounding! When the pine needle dressing was removed, no bruises or hematomas were visible on the skin. Nevertheless, however beneficial this method may be, it's also very painful.

EXTREME Cream heals minor injuries quickly and without pain!

These are sets of products specifically selected by Company's specialists. These sets include various TENTORIUM® products, such as honey blends, dragée, balms, ointments and creams. Each set includes only natural components – bee products and herbal extracts. All programs are based on an integrated approach to health promotion. We offer various options of classic TENTORIUM<sup>®</sup> product sets.

Every set is intended for resolution of a specific health problem and promotes health in general.

программа АНТИСТРЕССОВАЯ ТОНИЗИРУЮЩАЯ

exe



When everything annoys you, when you take it out on your close ones over every little thing, when you feel exhausted and stress out, you can come back to your normal self with TENTORIUM® rehabilitation program.

There are several simple methods to take control over your stress - you need a healthy diet, inner peace, proper amount of water consumption, good sleep, and self-control. TENTORIUM® Antistress Tonic Program incorporates this concept.

# **PRODUCT SETS**

### **ANTISTRESS TONING SET** (15 DAYS)

### **Ingredients:**

Tentorium Plus Dragée (100 g) – pollen (pellets), propolis extract, beeswax;

A-P-V Balm (100 ml) – propolis, ionized purified water;

Tentorium Cream (100 ml) – propolis extract, bee venom, beeswax, horseradish extract, linden blossom CO<sub>2</sub>-extract, camphor oil.

### Expert comment

This program lasts for 15 consecutive days. During this period the active components trigger a synergetic health-promoting mechanism. Pollen, honey bee venom and propolis will help you to cope with stress, reduce the stress hormone level (cortisol), overcome fatigue, and adapt your body to intense mental and physical stresses.

Directions for use:					
Morning		Lunchtime		Evening	
A-V-P Balm	½ teaspoon 15-20 minutes before meals	A-V-P Balm	½ teaspoon 15-20 minutes before meals	A-V-P Balm	½ teaspoon 15-20 minutes before meals
Tentorium Plus Dragée	½ teaspoon 30 minutes before meals	Tentorium Plus Dragée	½ teaspoon 30 minutes before meals	Tentorium Cream	For massage



#### Expert comment

This unique program lasts for 42 days. The program has three stages:

*1st stage:* Correction and normalization of function of the stomach – "Apiformula 1 Lifeline";

**2nd stage:** Correction and normalization of function of the liver and bile ducts – "Apiformula 2 Lifeline";

*3rd stage:* Correction and normalization of function of the pancreas and small intestine – "Apiformula 3 Lifeline.

### GIT-ULTRA (42 DAYS)

#### Ingredients:

**"Apiformula 1 Lifeline" Dragée (**100 g) – pollen (pellets), honey; licorice root, Althaea officinalis root, chamomile, milfoil, St. John's wort, coriander seed extracts; propolis extract; beeswax;

**"Apiformula 2 Lifeline" Dragée** (100 g) – pollen (pellets), honey, milfoil, hill-growing saltwort, tansy, calendula, sage leaf extracts; propolis extract; beeswax;

**"Apiformula 3 Lifeline" Dragée** (100 g) – pollen (pellets), honey; dandelion and licorice root, mint leaf, chamomile, Helichrysum, fennel fruit extracts; propolis extract, beeswax.

This program is ideal for those who want their gastrointestinal tract to run like clockwork. It lasts for 42 days. The gastrointestinal tract affects the entire body. Nausea, distended abdomen, epigastric burning and pain are just a few symptoms known to every megalopolis citizen. The specifically developed TENTORIUM<sup>®</sup> program for regeneration of the gastrointestinal tract helps to solve all such issues.

Directions for use:

### FIRST MODE

### 6-WEEK CYCLE.

Regulating and sustaining function of the gastrointestinal tract.

1st and 2nd weeks	3rd and 4th weeks	5th and 6th weeks
"Apiformua 1 Lifeline"	"Apiformua 2 Lifeline"	"Apiformua 3 Lifeline"
1/2 teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals
½ teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals
½ teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals

### SECOND MODE TWO 3-WEEK CYCLES AT ONE-WEEK INTERVAL.

Preventing digestion disorders.

	1st and 2nd weeks	3rd and 4th weeks	5th and 6th weeks
	"Apiformua 1 Lifeline	"Apiformua 2 Lifeline"	"Apiformua 3 Lifeline"
Morning	½ teaspoon 30 minutes	½ teaspoon 30 minutes	½ teaspoon 30 minutes
	before meals	before meals	before meals
Lunchtime	½ teaspoon 30 minutes	½ teaspoon 30 minutes	½ teaspoon 30 minutes
	before meals	before meals	before meals
Evening	½ teaspoon 30 minutes	½ teaspoon 30 minutes	½ teaspoon 30 minutes
	before meals	before meals	before meals

## **PROGRAMS**



Apitherapy, or bee product therapy, is a practice we inherited from our ancestors. At the present moment apitherapy is successfully combined with different physical exercises and recommendations of nutritionists. The "Complete Health Support Set" developed by TENTORIUM<sup>®</sup> Company helps all your body systems function properly.

### COMPLETE HEALTH SUPPORT SET (57 DAYS)

### Ingredients:

**"Apiformula 1 Lifeline" Dragée** (100 g) – pollen (pellets), honey; licorice root, Althaea officinalis root, chamomile, milfoil, St. John's wort, coriander seed extracts; propolis extract; beeswax;

**"Apiformula 2 Lifeline" Dragée** (100 g) – pollen (pellets), honey, milfoil, hill-growing saltwort, tansy, calendula, sage leaf extracts; propolis extract; beeswax;

**"Apiformula 3 Lifeline" Dragée** (100 g) – pollen (pellets), honey; dandelion and licorice root, mint leaf, chamomile, Helichrysum, fennel fruit extracts; propolis extract, beeswax;

**Tentorium Plus Dragée** (100 g) – pollen (pellets), propolis extract, beeswax;

**Tentorium Cream** (100 ml) – propolis extract, bee venom, beeswax, horseradish extract, linden blossom CO2-extract, camphor oil;

**A-P-V Balm** (100 ml) – propolis, ionized purified water.

### Directions for use:

### FIRST STAGE:

42 days.

Regulating and sustaining function of the gastrointestinal tract.

	1st and 2nd weeks	3rd and 4th weeks	5th and 6th weeks
	"Apiformua 1 Lifeline"	"Apiformua 2 Lifeline"	"Apiformua 3 Lifeline"
Morning	½ teaspoon 30 minutes before meals	1⁄2 teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals
Lunchtime	½ teaspoon 30 minutes before meals	1⁄2 teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals
Evening	½ teaspoon 30 minutes before meals	1⁄2 teaspoon 30 minutes before meals	½ teaspoon 30 minutes before meals

### SECOND STAGE: <sup>15</sup> days.

Components of this program will help you to cope with stress and to adapt your body to physical and mental stresses.

	Tentorium Plus Dragée	A-P-V Balm	Tentorium Cream
Morning	½ teaspoon 30 minutes before meals	½ teaspoon 15-20 minutes before meals	
Lunchtime	½ teaspoon 30 minutes before meals	1/2 teaspoon 15-20 minutes before meals	
Evening		½ teaspoon 15-20 minutes before meals	Massage to relieve muscle stress and improve joint mobility



#### Directions for use:

The program1-month cycles at 2-month intervals –should be usedfor kids and adults;all year round2-month cycles at 1-month intervals –in cyclesfor capable kids, students, and adultsliving a tight schedule.

#### Morning:

Tentorium Basis Dragée	1 teaspoon
Tentorium Energy Honey blend	1 teaspoon
Tentorium Adaptive Balm	1 teaspoon

#### Evening:

	For massage, rubbing and skin care
Tentorium Basis Dragée	1 teaspoon

### F25 ACTIVATION WELLNESS PROGRAM

### Ingredients:

**Tentorium Basis Dragée** (280 g) – honey, pollen (pellets), propolis extract, low molecular weight chitosan, pine nuts, ascorbic acid (vitamin C), beeswax;

**Tentorium Energy Honey-Based Ingredients (**280 g) – honey, beebread, royal jelly;

**Tentorium Adaptive Balm** (200 ml) - propolis, mumio, Siberian ginseng extract;

**Tentorium Relax Cream** (100 ml) – propolis extract, horseradish extract, Siberian fir extract, bee venom, beeswax, camphor oil.

F25 Activation Wellness Program is unique in its ingredients and doses as it was based on scientific research in the field of sports medicine. This easy-to-use program was developed for people working under high mental and physical stress. The program is highly appreciated by medical community. The program activates mental, physical and adaptive abilities of people and brings them into harmony with their environment.



Directions for use:

# Daily doses to be taken during 30 consecutive days (30 minutes before meals):

#### Morning

BeeActiveTentorium Dragée	4-5 dragées
Ra Formula Dragée	1 teaspoon
Apiphytotonus Honey Blend	½ teaspoon
Acile Balm	Dissolve 1 traspoon in 200 ml of warm water
Lunchtime:	

BeeActiveTentorium Dragée	4-5 dragées
Ra Formula Dragée	1 teaspoon
Apiphytotonus Honey-Blend	½ teaspoon

### VITAL FORCE SET

#### Ingredients:

**BeeActive Tentorium Dragée** (280 g) – cedar nuts, isomalt, honey, royal jelly, propolis extract, ascorbic acid (vitamin C), beeswax

**Ra Formula Dragée** (300 g) – bee moth and propolis extracts, pollen (pellets), honey, beeswax;

**Apiphytotonus Honey-Based Ingredients** (300 g) – honey, royal jelly, pollen (pellets);

**A-V-P Balm** (100 ml) – propolis, ionized purified water;

**Tentorium Plus Dragée** (300 g) – pollen (pellets), propolis extract, beeswax;

Acile Balm (100 ml) – mumio, Siberian ginseng extract.

#### Expert comment

Each product Vital Force Set contains has targeted action affecting specific conditions and processes taking place in the body. BeeActive Tentorium Dragée boosts energy; Ra Formula Dragée facilitates recovery; Apiphytotonus Honey Blend improves resistance to stress; A-P-V Balm strengthens the immune system; Tentorium Plus Dragée normalizes metabolic processes; and Acile Balm increases vital tonus.

### Evening:

Ra Formula Dragée	1 teaspoon
A-V-P Balm	½ teaspoon



This is an efficient TENTORIUM® program which provides guick detoxification enabling you to lose weight and to make your siluette more attractive in no time. The program also allows for thorough removal of toxins from the body, has health-promoting effect on main organs and systems, revitalizes the body, and contributes to weight loss.

"A 28-DAYS MAKEOVER" SET

### Ingredients:

APIPHYTOTONUS Honey-Based (300 g) honey, royal jelly, pollen (pellets);

Gluten Free Apitsampa (300 g) – buckwheat/ corn/rice, pectin, inulin, chitosan;

#### B.N.R.G. LADY Protein Cocktail Concentrate

(500 g) – sunflower protein concentrate, royal jelly, collagen, inulin, cocoa bean shell, barley flakes, vitamin C (ascorbic acid);

HepatoLinum Dragée (300 g) – honey, propolis extract, flaxseed flour, milk thistle extract, beeswax

**ApiHit Balm** (100 ml) – low molecular weight chitosan, water fraction of Siberian fir CO<sub>2</sub>extract:

### **Green Tea with ApiElite Herbal Extracts**

(100 g) – pekoe green tea; birch leaf, cowberry, milfoil, rose hip, dandelion root extracts; ginger CO<sub>2</sub>-extract;

TriO Api-Phyto Cocktail (70 g) - propolis, honey, pectin; goutweed, dandelion, lady's mantle, burdock, Plantago major leaves; clover, cranberries, licorice root extract; Althaea officinalis, chamomile, yarrow, St. John's wort, coriander seed extracts:

Api-Elite Dragée (300 g) - pollen (pellets), honey; propolis, milfoil, birch leaf, cowberry, rose hip, dandelion root, ginger extracts; beeswax.

### Directions for use:

FASTING AND CLEANSING 1ST TO 14TH DAYS		DEEP DETOX AND LIVER SUPPORT 15th to 28th DAYS		<b>FASTING</b> ONCE A WEEK	
ApiElite Tea	During the day	ApiElite Tea	During the day	B.N.R.G. LADY Cocktail Dissolve 5 teaspoons in 200 ml of drinking water or low-fat milk	
Api-Elite	1 teaspoon			and take it 2 times a day	
Dragee	Dragée 2 times a day		1 teaspoon 2 times a day	TriO Cocktail. Blend 1 teaspoon of the mixture with 200 ml of water and take it 2 times a day	
Apiphytotonus	1 teaspoon 1-2 times a day before noon		1 teaspoon 3 times a day before meals	<u></u>	
Honey Blend		Dragée 3 tir		Apiphytotonus Honey Blend 1 teaspoon once a day before noon	
				Api-Elite Dragée ½ teaspoon	
Gluten Free Apitsampas	For breakfast and/ or dinner	ApiHit Balm	5-7 drops 3 times a day 30 minutes	2-3 times a day 30 minutes before meals with 2 glasses of acidified water	
	Blend 1 teaspoon of the mixture with 200 ml of water and take it 2 times a day		before meals	ApiHit Balm 5-7 drops 3 times a day 30 minutes before meals	
TriO Cocktail		Gluten Free Apitsampas	For breakfast and/or dinner	HepatoLinum Dragée 1 teaspoon 3 times a day before meals	

The functional dietary set has been composed taking into account all physiological needs of the human body. It combines detox ingredients and most essential bee products saturated with vitamins and micronutrients. All products have been selected on the basis of long-standing observations performed at TENTORIUM SPA Resort site. In order to achieve the maximum effect, you should stick to a diet.



APIMONDIA-2001 GOLD MEDAL for the "Widest Health Product Range" including all TENTORIUM® products (Durban, UAE)





Directions for use:

	Morning	Lunchtime	Evening
Propolit Dragée	At least 1 teaspoon 2-3 times a day with plenty of water 20 minutes before meals.		
ApiHit Balm	5-7 drops 2-3 times a day 30 minutes before meals.		
HepatoLinum Dragée	1 teaspoon 3 times a day 20 minutes before meals.		
A-P-V Balm	1 teaspoon 3 times a day 20 minutes before meals.		
BifidoKhlebina Dragée	1 teaspoon 2-3 times a day; To maintain weight, take the dragée after meals.		e dragée
Apitok Honey Blend	½ teaspoon 2 20 minutes be		

### ALLERGY-FREE LIFE

### Ingredients:

**ApiHit Balm** (15 ml) – low molecular weight chitosan, Siberian fir extract;

**A-P-V Balm** (200 ml) – propolis, ionized purified water; **BifidoKhlebina Dragée** (180 g) – beebread, honey, flaxseed flour, inulin, probiotic bacteria culture, beeswax;

**HepatoLinum Dragée** (180 g) – honey, propolis extract, flaxseed flour, milk thistle extract, beeswax;

**Apitok Honey Blend** (100 g) – honey, royal jelly, propolis extract;

**Propolit Dragée** (180 g) – fractionated propolis, propolis extract concentrate, beeswax.

Symptoms of allergies may vary. The nature and intensity of allergy depends on the allergen and its route of penetration into the body. Thus, depending on the place of contact with allergens (the respiratory system, nasal sinuses, skin, or digestive system) you may face various symptoms, including sneezing, runny nose, lacrimation, skin redness and irritation, nausea, vomiting, and diarrhea.

The active components of "Allergy-Free Life" Program detoxify and remove allergens from the body and normalize the immune system function and gut microflora.



**Directions for use:** 

### HEALTHY HEART AND BLOOD VESSELS

### Ingredients:

**ApiHit Balm\*** (100 ml) – low molecular weight chitosan, water fraction of Siberian fir CO<sub>2</sub>-extract;

No.1 Product Balm (15 ml) – propolis, purified water; Sorbus Syrup (240 ml) – red rowan berries, honey, beeswax; Khlebina Dragée (300 g) – beebread, honey, beeswax; Ra Formula Dragée (300 g) – bee moth extract, propolis, pollen (pellets), honey, beeswax; Api-Cream Ointment (50 ml) – pollen (pellets), honey,

beeswax, propolis extract, bee tincture;

Apiphytotonus Honey Blend (300 g) – honey, royal jelly.

	Morning	Lunchtime	Evening
ApiHit Balm	7 drops 30 minutes before meals		
No.1 Product Balm	Dissolve 5-15 drops in water, and take it 20 minutes before meals		
Sorbus Syrup	Dissolve 2-3 teaspoons in a glass of warm water, and take it before meals		
Khlebina Dragée	4 dragées 30 minutes before meals; To maintain weight, take the dragée after meals		
RA Formula Dragée	1 teaspoon 30 minutes before meals		

	Morning	Lunchtime	Evening
Apiphytotonus Honey Blend	½ teaspoon 30 minutes before meals		
Api-Cream Oint- ment	Rub the cream in circular motions into biologically active points		

The products do not cause any addiction. The program fits for all ages.

\* The api-phyto products were clinically tested at Yugorsk College of Olympic Reserve (Khanty-Mansiysk). The "Method and Selection of Api-Phyto Products for Non-Medication Prevention of Cardiovascular Risk in Young Athletes" was patented.

# VENATORIUM COMPLEX

According to the World Health Organization, today more than 30 million Russians (i.e. every 5th citizen of the Russian Federation) suffer from venous insufficiency of the lower limbs.

Over 50% of people with such insufficiency are young people. According to different experts, up to 89% of women and up to 66% of men in developed countries have sings of venous insufficiency. Although severity of such signs differs. The number of school children affected by this health problem is increasing.

TENTORIUM<sup>®</sup> Company has developed a new comprehensive program intended for prevention of venous insufficiency and treatment of varicose veins in legs. The program has complex effect. Gel with bee venom works from the outside. It relieves fatigue, tension and pain in the legs. And biologically active dietary supplement based on propolis and pine bark extract work from the inside. Thus you get double effect.

# PROGRAMS





Awardee of the "Russia's Top-100 Goods" All-Russian Quality Competition

**TENTORIUM®** 

VEINATORIUM leg gel

### VENATORIUM

Ingredients: Pine bark, propolis extracts; cocoa bean shell.

"Venatorium" Biologically Active Dietary Supplement compensates for lack of proanthocyanidin and flavonoid compounds promoting health of the cardiovascular system. The combination of pine bark extract and a complex of flavonoid compounds derived from propolis helps to maintain normal venous circulation, thin blood, and prevent formation of thrombi.

### Directions for use:

Adults: 2 capsules a day with meals during 3-4 weeks.



### VENATORIUM LEG GEL



**Ingredients:** bee venom, troxerutinum, propolis extract, essential oils (lemon, lavender, cypress, rock rose, mint), horse-chestnut extract.

Our Company included a niosomal component (troxerutinum) into the gel recipe. This component was specifically developed to treat microcirculation insufficiency in veins of the lower limbs. Its efficiency has been confirmed by clinical studies. The studies showed that troxerutinum relieves swelling and heaviness in the legs, and strengthens brittle capillaries. The essential oil complex improves blood circulation, relieves inflammation, and has refreshing and cooling effects relieving pain in the legs. Propolis and horse-chestnut extracts strengthen walls of major blood vessels and capillaries. Bee venom improves metabolic processes in tissues. The program has soothing and relaxing effect on the skin of the legs.

### Directions for use:

Apply a small amount of gel to the skin of the legs and rub it in gently until the gel soaks in completely



Awardee of the "Russia's Top-100 Goods" All-Russian Quality Competition



# BIOLOGICALLY ACTIVE DIETARY SUPPLEMENTS

# TENTORIUM® Dietary Supplements have been created on the basis of research findings.

The products are well-balanced and include carefully selected active substances that replenish the body with vitamins, minerals and micronutrients. All the products from this category promote regeneration of the entire body.

The biologically active supplements are made of herbal and mineral raw materials with proven health-promoting effects. Quality control of the raw materials and finished products is performed in accordance with the International System of Food Safety (HACCP).





Awardee of the "Russia's Top-100 Goods" All-Russian Quality Competition





### **BILBERRY POLLEN**

**Ingredients:** Bilberries, pollen (pellets), propolis, flaxseed flour, lutein, beta-carotene, vitamins A, C and E, zinc, beeswax.

The dragée enriched with bilberries, pollen pellets, and lutein keeps the eyes healthy.

### Directions for use:

1 teaspoon 3 times a day 30 minutes before meals in 3-4 week cycles

### Expert comment

The dragée contains an anthocyanin and micronutrient complex. The pollen used in the product contains carotenoids, amino acids and vitamins. All these ingredients improve function of the eyes in everyday overstresses.



# **BIOLOGICALLY ACTIVE DIETARY SUPPLEMENTS**



Directions for use:

Adults: Take 1 pack (4.5 grams) of the

granules a day with meals during 4 weeks.

### ERGO CALCIUM

**Ingredients:** Quail egg shell, calcium phosphate, honey, zinc citrate, magnesium carbonate, vitamin  $D_3$ .

The wholesome complex strengthens bones and teeth, maintains normal function of the heart, increases muscle tone, and prevents fragility of hair and nails. The unique feature of this product is natural calcium contained in it. Our Company derives calcium from eggs of brood quails raised at TENTORIUM<sup>®</sup> agricultural facilities.

### Expert comment

Calcium can be absorbed completely only in symbiosis with vitamins, magnesium, zinc and phosphorus. Vitamin  $D_3$  controls calcium and phosphorus blood levels, delivers these elements into bones, and facilitates regeneration after bone fractures.



7,5 g

### **EXTRA BETULIN**

Ingredients: Betulin, propolis, honey.

This biologically active dietary supplement is used for prevention of cardiovascular diseases. It reduces risk of atherosclerotic plaque formation which might result in a heart attack. High bioflavonoid content in propolis provides its cardioprotective and anti-atherosclerotic effects.

Directions for use:

Take 2 dragées a day with meals during 4 weeks.



# **BIOLOGICALLY ACTIVE DIETARY SUPPLEMENTS**



### SEASON'S HIT ANTIOXIDANT GRANULES

Ingredients: Propolis, pectin, vitamin A, vitamin E, vitamin C.

The granule antioxidant with propolis and vitamins is ideal for staying young and beautiful – it facilitates collagen synthesis which makes the skin healthy and firm. It is especially beneficial for people older than 35 years old and who lives in polluted urban areas. It is also recommended for those who are under physical and mental stress, who smoke or drink alcohol, whose diet is unhealthy, and who take any medications on a permanent basis.

#### Directions for use:

Adults: Take 1 portion of the granules a day with meals during 4 weeks. The granules may be dissolved in 100 ml of warm water.





### **APIBEAUTY**

**Ingredients:** Pollen (pellets), propolis extract, wild yam extract, meadowsweet extract, linden blossom extract, beta-carotene, lutein, vitamins A, E and C, B group vitamins, beeswax.

The biologically active dietary supplement has a "makeover" effect, protects the skin against negative effects of sunlight and free radicals. Essential bee products rich in vitamins, proteins and amino acids tone up, nourish and moisturize skin tissues. The well-balanced combination of micronutrients facilitates collagen synthesis in the skin and regeneration of cells.

Directions for use:

Adults: Take ½ teaspoon of the dragée (3 g) with meals in 3-4 week cycles.

# **BIOLOGICALLY ACTIVE DIETARY SUPPLEMENTS**





#### Expert comment

Flavon and flavonol content in propolis is 122 times higher than in red grapes, 216 higher than in oranges, 240 times higher than in spinach, and 893 times higher than in celery.

### **PROPOLIS C**

**Ingredients:** Propolis extract, pectin, ascorbic acid (vitamin C).

A portion of the product provides 40% of the daily norm of flavones and flavonols, and 16% of the daily norm of vitamin C. Propolis is a natural immunomodulator that contributes to preventing flue. The efficient combination of propolis and vitamin C facilitates recovery after illness, saturates the body with vitamins, and reduces effects of adverse environmental factors.

#### Directions for use:

Pour 100 ml of hot water over 1 level teaspoon of the product and stir it over thoroughly. Adults: Take the cocktail once a day with meals during 4-6 weeks.

### 30 g



### ROYAL JELLY WITH GENISTEIN IN DARK CHOCOLATE

Ingredients: Royal jelly, genistein, ground cocoa, cocoa butter.

Royal jelly (300 mg in one piece!) and genistein (a vegetable analog of the female hormone) are unique substances supporting women during periods of hormonal changes and protecting them against osteoporosis.

#### Directions for use:

Adults: Take one piece of chocolate a day during 4 weeks.

### Tasty and healthy TEN-TORIUM® Dietary Products are based on natural api-phyto products.

These products are easily digestible and enrich the body with all elements required to stay fit and healthy. High technologies allow to preserve all essential elements in the products. TENTORIUM<sup>®</sup> Dietary Products improve life quality, promote health, and reduce the risk of development of many diseases.

70 g



### TRIO API-PHYTO COCKTAIL

**Ingredients:** Propolis, honey, pectin, goutweed, dandelion, lady's mantle, burdock, Plantago major leaves; clover, cranberries, licorice root extract; Althaea officinalis, chamomile, yarrow, St. John's wort, coriander seed extracts.

The product recipe is based on ancient eating habits, thousands of years of experience, and cutting-edge research, modern science and practice. Wild herbs used in this chlorophyll cocktail are gathered by hand in eco-friendly territories in the meadows and forests of North-Western Ural. The wild herbs improve peristaltic motor activity of the intestine, normalize digestion processes, and detoxify the body. The vitamins and micronutrients such herbs contain facilitate recovery of the body and strengthen the immune system. Active antioxidants in propolis protect cells against ageing and promote their regeneration. The DetoxificatiOn, Health PromotiOn, and RejuvenatiOn are the perfect TRIO in your wellness lifestyle orchestra!

Directions for use:

### **Basic option:**

Pour 250 ml of water or any other drink over 5 g (1 tablespoon) of the cocktail and blend it during 3-5 minutes.

### Cocktail with additives:

Add 150 g of fruits, berries or vegetables (at your option) to 5 g (1 tablespoon) of the mixture and pour it over with 400 ml of water or any other drink. Blend the mixture during 3-5 minutes. Take the cocktail 2 times a day.

### Expert comment

The product is included to "A 28-Days Makeover" Program. Over 1000 people who joined an online-version of the program have lost about 7 tons in total.

**BEST SELLING** 

PRODUCT

#### 500 g



To make a thick cocktail, dissolve 20 g of the concentrate (5 heaped teaspoons) in 200 ml of drinking water or milk and stir it over thorouahlv.

To make a thinner cocktail, use 2.5 teaspoons of the mixture.

#### Expert comment

The cocktail enriches the body with vegetable proteins, dietary fibers, and vitamin C.

### B.N.R.G.

Ingredients: маточное молочко, дидролизат колладена, инулин, пищевые волокна пшеницы (отруби), пищевые волокна какао, фруктоза, витамин С (аскорбиновая кислота).

Protein cocktails have lately become a must-have in a diet of people maintaining healthy lifestyle. This fact is easy to explain, since our normal food lacks protein.

Regular animal protein is too rich with fat and cholesterol, and vegetable protein is incomplete in its amino acid content.

And the innovative TENTORIUM® solution, a tasty, highly nutritive and low-calorie B.N.R.G Cocktail, comes to the rescue! This cocktail is rich in easily digestible protein and has pleasant chocolate flavor. It is just as good for athletes and those working in the office, kids and elderly people. BeEnergy Cocktail is perfect as a snack - it stills your hunger while you gain no weight.

#### 500 g



#### To make a thick cocktail,

dissolve 20 g of the concentrate (5 heaped teaspoons) in 200 ml of drinking water or milk and stir it over thoroughly.

To make a thinner cocktail,

use 2.5 teaspoons of the mixture

#### Expert comment

The product can be used as the basis of healthy diet to control your weight. One portion of the cocktail is low-calorie (its nutritive value is just 73 kcal), fat free, and stills hunger for a long time.

### **B.N.R.G. LADY**

**Ingredients:** Sunflower protein concentrate, royal jelly, collagen, inulin, cocoa bean shell, barley flakes, vitamin C (ascorbic acid)

This natural product is ideal for everyone who wants to stay fit, to lose weight, and feel light as a feather every day.

The protein cocktail concentrate is 100% natural.

**Cocktail Ingredients:** 

Sunflower protein is a source of chlorogenic acid that activates fat burning processes and regulates metabolism.

The combination of royal jelly, collagen and vitamin C makes the skin healthier, firmer and more elastic, and prevents skin ageing. This highly efficient combo works for rejuvenation of the body.

Cocoa bean shell fibers normalize gut microflora and improve peristaltic motor activity.



**To make a thick cocktail,** dissolve 20 g of the concentrate (5 heaped teaspoons) in 200 ml of drinking water or milk and stir it over thoroughly.

**To make a thinner cocktail,** use 2.5 teaspoons of the mixture

### **B.N.R.G. SPORT**

**Ingredients:** Whey protein, soy protein, royal jelly, dried quail egg protein, barley flakes.

The innovated B.N.R.G. Sport Cocktail has been developed for athletes who want to gain muscle mass, for kids in their period of active growth, as well as for fitness lovers and people maintaining healthy lifestyle.

The product formula is created to provide easy and complete digestion of proteins.

The product is rich in protein (more than 50%) that is the basic building material for strong, defined and well-sculpted muscles. The well-balanced formula including three types of protein provides an optimal and rich amino acid contents. The cocktail includes protein derived from hypoallergenic quail eggs! Royal jelly boosts life energy and strengthens the immune system.

### Expert comment

The product is an excellent tonic. It boosts energy and improves mental abilities and physical condition. Athletes should drink the cocktail 1 to 1.5 hour before training and/or immediately after – this will help them to recover after training and activate metabolic processes to gain muscle mass.

# 300 E BEST SELLING PRODUCT

### **BARLEY APITSAMPA**

Ingredients: Ground barley, pollen (pellets).

Barley tsampa is a traditional food of Tibetan monks, which includes pollen with DNA-reducing nucleases. Tibetan lamas use this recipe to regain strength. Cereals in this product are rich in protein, carbs, B group vitamins and mineral salts. Pollen enriches Apitsampa with vitamins making it a perfect food for everyday meals and active life.

### Directions for use:

Pour hot water, green tea or herbal decoction over 3 tablespoons of the mixture until the desired consistency is reached. Leave it for 3 minutes. Add honey and any vegetable oil to taste. You can eat it as a main or side dish.

### SALT WITH CHITOSAN

Ingredients: Edible salt, chitosan.

This unique and highly beneficial salt contains low molecular weight chitosan that facilitates removal of excessive salts and cholesterol and hazardous substances from the body and, at the same time, preserves habitual salty taste of food.

Directions for use:

Add to food you cook.

### Expert comment

Thanks to the ability of chitosan (a natural sorbent) to bind sodium and chlorine ions, the salt is rapidly removed from the body and, thus, you can eat salty food without any harm to your body.

Silver Medal of the "Apimondia" International Federation of Beekeepers' Associations in 2001

TENTORIUM®

Quality & Honesty

ith Chitosan

150 g







### **APITSAMPA**

**Ingredients:** Rice/corn/buckwheat, pectin, inulin, chitosan.

Gluten-free Apitsampa is a basic component for various dishes and as a detox supplement to any diet. Inulin is a dietary fiber, a nutritive substance facilitating growth of bifido- and lactobacteria. Pectin is a natural polysaccharide binding radionuclides and heavy metals. Chitosan is a product detoxifying the body, also capable of binding dietary fat and remove it from the body.



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Silver Medal of the "Apimondia" International Federation of Beekeepers' Associations in 2001

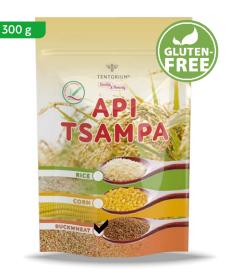
### Expert comment

Gluten-free Apitsampas are a basic component for any healthy diet. These products are perfect for gentle detoxification of the body and for normalization of function of the gastrointestinal tract.

### Directions for use:

Pour hot water, green tea or herbal decoction over 3 tablespoons of the product until the desired consistency is reached. Leave it for 3 minutes. Add honey and any vegetable oil to taste. You can eat it as a main or side dish.





Tasty and flavorsome TENTORIUM® drinks will fill your life with coziness and warmth.

These drinks contain only natural and safe components. The drinks are based on ancient recipes. They are made using the latest technology. TENTORIUM<sup>®</sup> drinks help to regain vital strength, restore water and salt balance in the body. Their delicious flavours can make you beam with smile.

The drinks facilitate weight correction and strengthen the immune system.

100 g



### API ELITE GREEN TEA WITH HERBAL EXTRACTS

**Ingredients:** Pekoe green tea; birch leaf, cowberry, common yarrow, rose hip, dandelion root extracts; ginger CO<sub>2</sub>-extract.

This weight-loss green tea with herbal extracts contains essential substances. The tea leaves contain these substances at the cellular level. This tea is the best of most pleasant ways to stabilize your metabolism!

#### Directions for use:

Make tea (in proportion one teaspoon per two cups) – pour hot water over tea and leave it for 3-5 minutes. The tea can be re-brewed 3-4 times. Drink the tea before noon

63 g



### **TENTORIUM TEA**

**Ingredients:** Pekoe black tea; birdcherry, raspberry, fireweed, currant, mint, cherry, wild strawberry leaves; meadowsweet blossom, marjoram herb, propolis.

This fragrant and flavored tea is made of herbs gathered in eco-friendly areas of Perm krai by hand. All ingredients preserve their beneficial properties which are revealed when the tea is brewed. The product is packed into environmentally friendly packaging, a craft pack comprising 25 tea filter bags.

### Directions for use:

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Place 1 tea filter bag into a mug (200 ml) or 2 tea bags into a small teapot (400 ml) and pour them over with boiling water. Cover the mug or teapot and leave it for 5-10 minutes.

100 g



### **COFFEE WITH PROPOLIS**

Ingredients: Natural medium roast ground coffee, propolis extract.

This exclusive and antioxidant-rich energy-boosting TENTORIUM® drink stimulates mental activity and slows ageing processes.

### Directions for use:

Pour cold water over 1-3 teaspoons of coffee and bring it to boil it but do not let it boil. Do not drink the coffee before sleep.

#### 100 g



### **KRAMBAMBULYA WITH PROPOLIS**

Ingredients: Cinnamon, propolis.

This ancient flavorsome and savory drink based on cinnamon and propolis boosts the immune system. The drink is safe for people of any age.

#### Directions for use:

Pour hot water or any other hot drink over the mixture. Leave it for 10-15 minutes to brew.

100 g



### **KRAMBAMBULYA WITH BERRIES**

**Ingredients:** Clove, cinnamon, birdcherries, rowan red berries, bilberries, black peppercorns.

Karambambulya is a honey- and spice-based drink. The northern berries in this drink activate self-protective powers of the body and make the drink tasty. The spices and honey improve functions of the immune system, facilitate digestion, and remove hazardous substances from the body. The flavored and savory karambambulya will relieve fatigue and boost your strength and energy.

#### Directions for use:

Pour hot water (80°) or juice over the mixture and leave it to brew. Add honey and enjoy this delicious drink!

280 g



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### **GINGER SBITEN CONCENTRATE**

**Ingredients:** Honey, treated drinking water, "marjoram-rose hip-rosemary" flavoring agent, ginger CO2-extract.

This natural tonic has long-standing effect and multiple flavor accents. This drink is made on the basis of a wild forest beekeepers' recipe using the latest technology and equipment. The drink is safe for kids.

Directions for use:

Dissolve 2 teaspoons of the mixture in 200 ml of warm or hot water.



# BEAUTY PRODUCTS body care

#### Gentle cleansing and regular moisturizing can make your skin irresistible.

Body skin requires care and attention just as your face skin.

The well-balanced formulas of TENTORI-UM<sup>®</sup> cosmetic products will take care of your body skin. Honey, propolis, pollen and bee moth extracts the products contain take gentle care and protect the skin against adverse environmental factors.

320 ml



## PEACH TORI-TENTORI LIQUID SOAP



**Ingredients:** Bee moth and propolis extracts, peach scented perfume blend.

The liquid soap is easy to use and it takes gentle care of your skin. Thanks to a unique natural ingredient, bee moth extract, this soap has, it cleans the skin gently while boosting its self-protective powers.

#### Directions for use:

Use a small amount of soap to make foam in your hands, and then wash it off with warm water. The soap is recommended for everyday use.

## BODY CARE **CLEANSING**

250 ml



## HAIR STRENGTHENING SHAMPOO

**Ingredients:** Honey, propolis extract, wheat protein, D-panthenol.

This beauty product for hair care efficiently cleans and moisturizes hair and restores hair structure.

Directions for use:

Apply some shampoo to your hair, massage the head during 2-3 minutes, and then wash it with warm water. The product is recommended for everyday use



## HAIR CONDITIONER



Ingredients: bee venom, honey, D-panthenol.

The bee venom contained in the product penetrates deep into hair bulbs, improves blood circulation and strengthens hair. Pure honey efficiently nourishes and moisturizes hair. When used regularly, this conditioner makes hair healthy, shiny and extremely soft.

#### Directions for use:

Apply some conditioner to wet clean hair, leave it for several minutes and then wash it off with water. The product is recommended for everyday use.

## BODY CARE **CLEANSING**

320 ml



200 ml

**GENTLE CARE** 



## HONEY MELON SHOWER GEL



**Ingredients:** Propolis extract, honey, chamomile extract, D-panthenol.

Refreshing shower with Honey Melon Gel makes you feel clean and fresh all day long. Propolis extract and honey this shower gel contains moisturize and soften the skin, and natural herbal extracts tone up and refresh the skin leaving a delicate scent of honey melon.

#### Directions for use:

Apply some shower gel to wet body skin or a sponge, massage the body to make foam, and then wash it with water. The product is recommended for everyday use.

## MUSCUS UNISEX INTIMATE CARE GEL



**Ingredients:** Honey, propolis extract; chamomile, horse chestnut, ginseng, rockweed extracts.

After using this soft and gentle gel for intimate care you feel refreshed and clean without any dryness or irritation. Propolis extract this gel contains has anti-inflammatory and antiseptic effects. Pure honey and herbal extracts moisturize and soften the skin maintaining its natural balance.

Directions for use:	Expert comment
	Propolis, chamomile, rockweed, horse-chestnut
The product	and ginseng extracts have antiseptic effect
is recommended	on the most intimate parts of the body.
for everyday use.	This gel is guaranteed to be efficient!



## BODY CARE MOISTURIZING

150 ml



## OVOTELLE MOISTURIZING BODY MILK



**Ingredients:** Ovotelle, honey, D-panthenol, almond oil, Shea butter, vitamin E.

This gentle milk with its light texture softens and nourishes the skin perfectly. The product well-balanced formula keeps the skin moisturized all day long. Ovotelle enhances the effect preventing moisture loss, and vitamin E, the vitamin of youth, prevents oxidative stress in skin cells. Shea butter make the skin look even better, and D-panthenol has healing effect.

#### Directions for use:

Apply the milk to body skin and massage it into the skin gently until the milk soaks in.

50 ml

GENTLE CARE

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TENTORIUM®

MOISTURIZING

## MOISTURIZING GEL FOR SENSITIVE SKIN AREAS



Ingredients: Propolis extract, honey, chamomile extract, D-panthenol.

The recipe of this gel has been specifically developed for most tender parts of the body to ensure them gentle and delicate care. The gel moisturizes the skin and relieves dryness and irritation. Propolis and chamomile extracts this gel contains have anti-inflammatory and antiseptic properties.

#### Directions for use:

The product is recommended for everyday use. It is efficient during menopause and age-related hormonal changes, in case of post-natal (post-delivery) hormonal changes, and during recovery after antibiotic therapies.

## BODY CARE SPA CARE



#### **BODY BUTTER**



**Ingredients:** Propolis and pollen extracts, beeswax, cocoa butter, coconut oil, sweet almond oil, Shea butter.

The innovative formula of this SPA aroma massage butter has been developed to create a specialty skin care product. This butter includes highly efficient bee products. Among them: propolis that facilitates recovery of self-protective properties of the skin, and bee pollen that saturates the skin with essential vitamins. The combination of precious essential oils creates unforgettable aroma and magical atmosphere. Massage with TENTORIUM® SPA aroma butter is a sort of a sacred ritual helping you to immerse into the atmosphere of love and romance. This heavenly procedure will make you relax, forget about problems, and plunge into sensual pleasure.

#### Directions for use:

Light the candlewick, wait until the butter melts into balm, and then blow out the candle. Make sure that the butter temperature is low enough to use it and apply butter to the skin in gentle massaging movements.

## HYDROPHILIC BATH OIL



Ingredients: Pollen extract; rose hip, poppy seed, sweet almond oils.

This unique product has been created for relaxation and body care. It incorporates the best the nature can give us. It contains pollen and precious essential oils that nourish and take gentle care of your skin. The oil ingredients saturate the skin with vitamins and make it velvety, silky-smooth, and tender, while restoring its elasticity and firmness. A bath with the hydrophilic oil will give you unbelievable pleasure and relaxation. Just a few drops applied to the body leave the oil unique scent.

#### Directions for use:

**Bath oil:** Add some hydrophilic oil into warm water before taking a bath; **Body oil:** Mix some oil drops with water and apply to clean skin; **Perfume:** Apply some oil drops to biologically active points.



## BODY CARE SPECIAL CARE

50 ml

#### NEW PRODUCT



35 g



## **BEEOGRAPHY BABY CREAM**

**Ingredients:** Beeswax, vitamin F, D-panthenol; chamomile, calendula, bur-marigold extracts; sea buckthorn berry extract, sweet almond oil, Shea butter.

Child's skin is very tender and requires special protection and care. Beeography Baby Cream protects and regenerates hand, face and body skin and relieves irritation. The cream efficiently treats baby's windburns and softens the skin after bath and long exposure to sunlight. It can also be used to treat intertrigo and skin irritation, including that occurring within the region of the buttocks. Beeswax protects the skin and retains moisture. Herbal extracts have anti-inflammatory and healing effects. Natural essential oils sooth sensitive and irritated skin.

#### Directions for use:

Apply cream evenly to clean skin and wait until it soaks in completely. The product is safe for everyday use.

## LUXE-PRO POWDER



Ingredients: Propolis extract, talc.

This product is a natural alternative to deodorants and antiperspirants – it has anti-inflammatory, absorbing and antiseptic effects. It facilitates wound and rash healing and is safe to use for any skin type. The powder can be used for prevention of bed sores and intertrigo. It is efficient after hair removal and tattoo procedures. This product has a long history, and during the last few decades it has been invariably in high demand.

#### Directions for use:

The product is safe for everyday use.



## BODY CARE SPECIAL CARE

3 шт.



## CANDELA. HEALING BREATH" WAX CANDLE

Ingredients: Beeswax.

The candle is made of pure organic beeswax. This bee product is rich in strong herbal and floral essential oils evolving from the candle in the process of heating, which disinfects the room and has health-promoting effect on the human body. The candle provides simple inhalation (from Latin inhalo) therapy with essential wax esters that have antimicrobial action. The effect produced by the candle is long-lasting - the candle burns for several hours with a bright and even flame without soot, unpleasant odor and crackling.

#### Directions for use:

The candle should be used for simple inhalation procedures

#### 3 шт.

## UNREFINED BEESWAX CANDLE

#### Ingredients: Beeswax.



The candle is made of pure beeswax that is a source of esters and contains a unique combination of aromatic substances. Wax aromas and candle flame will give you peace of mind and relaxation. Aromatherapy with unrefined beeswax candles efficiently relieves stress, helps people to get rid of negative emotions, raises their spirits, soothes and relaxes.

#### Directions for use:

The candle should be used for aromatherapies. Unrolled and melted beeswax can be used as an application.





## BODY CARE SPECIAL CARE

## **ABIES - EAR CANDLES**

Ingredients: Wax, propolis, Siberian fir extract.

The ear candles are a time-tested ear care product. The candles with beeswax, propolis and Siberian fir extract pleasantly warm the auricles, soften and remove earwax, and make you feel better in flu. Siberian fir phyton-cides and active substances of propolis and wax relieve fatigue.

#### Directions for use:

To clean the auricles lie down on your side and carefully insert the lower candle end (with a mark on it) into the external auditory meatus. Ask somebody to light the upper candle end. The candle should burn down to the mark. Then blow the candle and take it out.



## **TREATMENT MUD (PELOID)**



#### Ingredients: Peloid (treatment mud), bee venom.

Peloid applications relieve inflammation, irritation and joint pain. Bee venom and peloid have anti-inflammatory effect and are wellknown for their capability to activate metabolic processes. The product softens and rejuvenates the skin, relieves irritation, and has antioxidant effect.

#### Directions for use:

Heat the product on the water bath up to 38-40°C and apply it to the skin or to joint areas for 10 to 15 minutes. Then wash it off with warm water.

2 шт.



BEST SELLING

PRODUCT

# FACIAL SKIN CARE

Every woman dreams of being attractive at any age. TENTORIUM<sup>®</sup> facial care beauty product range contains all essential components to make your facial skin look young, beautiful and healthy.

We have done everything to ensure efficient and comprehensive daily care for your facial skin. TENTORIUM<sup>®</sup> beauty products combine a rich set of bee products and phyto components which will make your skin look young and beautiful.







#### MICELLAR WATER



**Ingredients:** Propolis and bee moth extracts, pomegranate and pumpkin enzymes, water-soluble olive oil, D-panthenol.

The micellar water is a new generation cleansing product. It is created for gentle removal of make-up and other impurities from the skin of the face, lips and sensitive eye-contour area. It delicately cleanses and moisturizes the skin and your skin feels clean, soft and comfortable. Thanks to natural pome-granate and pumpkin enzymes and bee moth extract, the micellar water ensures excellent exfoliation of epithelial cells. Propolis extract contained in the product has anti-inflammatory effect and soothes irritated skin.

#### Directions for use:

Soak a cotton pad with micellar water as required. Swipe across the skin of the face and lips with gentle motions. To remove makeup, put the cotton pad on the closed eyes and remove makeup gently. The product is safe to remove waterproof makeup.

## FACIAL SKIN CARE **CLEANSING**



## FACIAL CLEANSING FOAM WITH PROPOLIS AND BEE MOTH EXTRACTS



**Ingredients:** Propolis extract, bee moth extract, honey, lactic acid, wheat proteins.

Light facial foam with a unique natural component, bee moth extract, gently removes makeup, cleanses and moisturizes the skin. It doesn't leave an oily layer on the skin, and contributes to processes of skin regeneration and renewal of skin cells.

#### Directions for use:

Apply foam in circular motions to wet skin of the face and neck. Remove any remaining foam with a cotton pad or a sponge. The product is recommended for everyday use.

## **OVOTELLE FACIAL CLEANSING MILK**



**Ingredients:** Ovotelle; bee moth, lavender, rose extracts; honey, Shea butter, colloidal oat flour.

This product is intended for gentle yet thorough skin cleansing. The milk provides deep cleansing and moisturization. It does not dry the skin and does not have skin tightening effect. Bee moth extract exfoliates superficial skin cells, increases skin protecting properties, and evens out skin complexion.

#### Directions for use:

Put some milk on a cotton pad and wipe the face with it avoiding eye-contour area. Remove any remaining milk with a sponge, wet wipe or a cotton pad. The product is recommended for everyday use.





## FACIAL SKIN CARE MOISTURIZING

200 ml



## **REFRESHING TONIC**



**Ingredients:** Honey, propolis extract, D-panthenol; wild strawberry, apple, lemon, orange extract.

This gentle tonic with fruit extracts softens the skin and makes it feel fresh for a long time. Honey and propolis facilitate skin regeneration and relieve irritation, and the fruit extracts tone up the skin.

#### Directions for use:

Wipe face, neck and décolleté with a cotton pad soaked with tonic in the morning and in the evening avoiding the eye area.

45 ml



## OVOTELLE MOISTURIZING DAY CREAM



**Ingredients:** Ovotelle, honey, propolis and green tea extracts, hyaluronic acid, Shea butter, macadamia oil, panthenol.

The liquid crystal structure of this moisturizing cream is similar to the lipid barrier of the skin. The cream contains a unique ingredient (Ovotelle), panthenol complex, hyaluronic acid, propolis and honey extracts, which moisturize and protect the skin. The cream can be used as a makeup base.

#### Directions for use:

Apply some cream along massage lines on clean skin of the face and neck. The cream is safe for all skin types. The product is recommended for everyday use.

## FACIAL SKIN CARE NOURISHING

45 ml



## OVOTELLE NOURISHING DAY CREAM



**Ingredients:** Ovotelle, honey, pollen and wild strawberry extracts, Shea butter, wheat germ and almond oils, vitamin complex.

This nourishing cream with Ovotelle active component, a complex of precious essential oils and A, E,  $B_3$ ,  $B_5$  and  $B_6$  vitamins penetrates deep into the skin, saturates it with essential ingredients, and promotes renewal of skin cells and collagen fiber synthesis.

#### Directions for use:

Apply some cream along massage lines on clean skin of the face and neck. The cream is safe for all skin types. The product is recommended for everyday use.

45 ml



## OVOTELLE NOURISHING NIGHT CREAM



**Ingredients:** Ovotelle, honey, pollen extracts, hyaluronic acid, Shea butter, argan oil, almond oil.

The cream is enriched with a natural Ovotelle component, honey, pollen extract and essential oils. It efficiently nourishes, softens and moisturizes the skin during the night while you are sleeping. The cream also contributes to skin regeneration. Hyaluronic acid normalizes skin water balance, makes the skin firmer, and prevents early skin ageing.

#### Directions for use:

Apply some cream along massage lines on clean skin of the face and neck. The cream is safe for all skin types. The product is recommended for everyday use.



This series of luxe beauty products with prominent Anti-Age effect is an innovative solution developed by our Company on the basis of research findings in the field of epigenetics. TENTORIUM® Anti-Age beauty products combine royal jelly peptide (Royal Epigen), honey bee venom and exotic fruit extracts. All ingredients work together to serve the same purpose – to keep your skin young, glowing and beautiful!

ROYAL EPIGEN BIOMIMETIC PEPTIDE was created by Swiss specialists on the basis of royal jelly protein. Its low molecular mass ensures its penetration into deep layers of the epidermis and active skin regeneration from within. Royal Epigen slows cell ageing, rejuvenates skin cells, promotes cleansing of cells, makes the skin smoother, evens out skin complexion, tones it up, and makes it more elastic and firm at the cellular level.

It is a well-known fact that rejuvenating effect of bee venom is much higher than that of synthetic products. Rejuvenating effect of bee venom is not just temporary – this component really improves skin condition and facilitates production of elastin and collagen which are essential for prolonging youth.

ANTI-AGE FORMULA is a cutting-edge anti-ageing concept based on epigenetic science.

## FACIAL SKIN CARE ANTI-AGE

30 mL BEST SELLING PRODUCT



#### Directions for use:

Apply 1 serum drop to clean skin around the eyes and distribute it evenly in gentle motions. The product should be used in the morning and in the evening.

## FACIAL SERUM WITH BEE VENOM AND ROYAL EPIGEN PEPTIDE



**Ingredients:** bee venom, royal jelly peptide, hyaluronic acid, Shea butter, vitamin E (tocopherol).

Scientific research in the field of epigenetics allowed to create an exclusive component for anti-age cosmetic products. This ingredient, called Royal Epigen, is based on royal jelly, which effectively fights age-related skin changes and regenerates and rejuvenates the skin. When used regularly, the facial serum smoothens out wrinkles, makes the facial skin significantly firmer and more elastic, and slows ageing processes.

#### Directions for use:

Apply serum along massage lines on clean skin of the face avoiding eye area, and distribute it evenly. The product should be used in the morning and in the evening.

## EYE SERUM WITH BEE VENOM AND ROYAL EPIGEN PEPTIDE



**Ingredients:** bee venom, royal jelly peptide, cone snail peptide, hyaluronic acid, elder blossom extract, Shea butter.

The serum instantly smoothens out small wrinkles in the corners of the eyes, as if they are erased after "beauty injections". The serum evens out the skin intensively and, at the same time keeps a natural look on the face. Accumulative effect of the serum becomes obvious if the product is used regularly. And it becomes even more effective when used in combination with other Anti-Age beauty products containing bee venom, peptides and herbal extracts. The effects of this serum active components are clinically proven. The combination of bee venom, royal jelly peptide and a cone snail peptide helps moisturize and rejuvenate the delicate eye skin area and contributes to removal of dark circles under the eyes. The cone snail peptide helps to relax the muscle without temporarily paralyzing it, like Botox injections do, which allows you to get a natural result, smooth out wrinkles and keep natural facial expression.



## FACIAL SKIN CARE ANTI-AGE

<sup>50</sup> mL





## **REPAIR COMPLEX CREAM WITH BEE** VENOM AND ROYAL EPIGEN PEPTIDE



**Ingredients:** bee venom, royal jelly peptide, hyaluronic acid; Arjuna bark, Morinda citrifolia seed, white water lily, aloe extracts; sesame, macadamia, argan, wheat germ oils; panthenol.

A unique combination of bee venom, royal jelly peptide and exotic plants extracts gives a significant anti-aging effect. The effect produced by the components of the cream reduces pigmentation of mature skin, evens out its natural complexion, smoothens and whitens the skin without affecting hormonal mechanisms, especially during menopause. The cream promotes synthesis of collagen, increases skin firmness and elasticity, activates the processes of cell renewal and skin rejuvenation. Regular use of the product significantly reduces the depth of the nasolabial wrinkles, tightens facial contours, reduces the effect of saggy skin, helps women maintain their natural beauty at any age.

The product does not contain perfume agents, aggressive preservatives or parabens.

#### Directions for use:

Apply cream along massage lines on dry and clean skin of the face. The product is recommended for everyday use.

## FACIAL SKIN CARE SPECIAL CARE

10 mL



## EYELID CREAM GEL WITH ROYAL JELLY



**Ingredients:** Royal jelly, hyaluronic acid; argan, wheat germ oils; horsechestnut, cucumber and white pea bean oil.

The cream gel with delicate texture moisturizes tender skin around the eyes and enriches it with essential nutrients. Natural components of the product have significant regenerating effect and conceal signs of stress and fatigue. Moisturizing components regenerate the skin around the eyes and contribute to collagen production.

#### Directions for use:

Apply some cream to clean skin around the eyes in gentle motions. The product can be used in the morning and in the evening.

#### 10 ml



## LIP BALM WITH PROPOLIS

**Ingredients:** Propolis and pollen extracts, propolis-containing beeswax, beeswax, A and E vitamins.

The lip balm combines best components that make your lips irresistible in one tube! Propolis protects the lips from irritation and inflammation, Shea butter gives profound moisturizing effect, beeswax locks moisture in. A, E vitamins nourish delicate lip skin. The lip balm has prominent natural fragrance of propolis. It is perfect for lip care. The balm prevents cracks and dryness, and makes your smile beautiful, young and shiny.

#### Directions for use:

Apply balm evenly to clean and dry lips. The product is recommended for everyday use.



## FACIAL SKIN CARE **SPECIAL CARE**



#### Directions for use:

The mask plastifies quickly, so you should prepare it right before application. Dissolve the content of the pack in cold water in proportion 1:1 (75 ml of water per portion) and mix it until the texture becomes smooth. Apply the mask to clean facial skin in a thick layer (3 to 5 mm) along massage lines using a cosmetic spatula. Leave it for 15 to 20 minutes until it plastifies completely and then remove the mask in a single sheet. The mask is safe for all skin types.

## ALGINATE FACE MASK

#### WITH PROPOLIS



Ingredients: Alginate, propolis. The beauty face mask has instant lifting effect. Thanks to natural propolis it contains, the mask keeps the skin young and healthy.

#### WITH PELOID

Ingredients: Alginate, peloid.

Thanks to a unique component – peloid this beauty product contains, this exclusive TEN-TORIUM<sup>®</sup> face mask with immediate effect cleanses the skin and improves skin turgor.

#### WITH CHITOSAN

Ingredients: Alginate, chitosan.



Thanks to natural bee chitosan it contains, the beauty facial mask has long-lasting moisturizing effect on the skin.

#### Expert comment

Alginate masks have rejuvenating, moisturizing and lifting effects. Alginates are derived from marine algae. When used regularly, the masks make the skin more elastic, smoothen out fine wrinkles, tighten facial contour, and improve overall skin condition.

# HAND CARE

Every woman wants to have beautiful, young-looking hands. No matter how much time she spent in the garden or washing the dishes. Generally, you can tell a woman's age by the way her hands look.

The hand skin is the one most exposed to aggressive environment. That is why as we get older it loses elasticity, becomes dry and wrinkly. Woman's hands require complex care. Everyday use of TENTO-RIUM® hand care products makes the skin healthy and beautiful. Unique properties of natural components help hands to stay soft, velvety and nice to touch.

TENTORIUM<sup>®</sup> hand care products will protect your hand skin and will make it look even more attractive.

## HAND CARE

4,5 mL



## NAIL AND CUTICLE OIL



**Ingredients:** Pollen, propolis, bee moth extracts; macadamia, sesame, sweet almond, sunflower seed, wheat germ oils; sea buckthorn, calendula extracts; lecithin, E and F vitamins.

Cuticle care is an important stage in hand and nail care routine. TENTORIUM<sup>®</sup> Company created a new everyday use product for you for that purpose. The nail and cuticle oil helps strengthen the nail plate and take care of the cuticle, keep it healthy and neat. Luxurious essential oils in combination with pollen, propolis and bee moth extracts soften and help remove coarse skin around the nail. At the same time the oil delivers nutrients to the nail growth plate and makes the nails grow faster and stronger.

#### Directions for use:

Apply oil to the cuticle and nail plate using a stylus. Massage the area to rub oil into it during 1 to 2 minutes. Leave it for several minutes until all nutrients penetrate into the skin. Remove remaining oil with a paper towel, if necessary, and remove excessive cuticle carefully.





## **OVOTELLE HAND CREAM**



**Ingredients:** Ovotelle, honey, propolis extract, coconut oil, Shea butter, almond oil, sea buckthorn seed oil, oatmeal.

This delicate cream with honey and propolis has a light texture and perfect combination of moisturizing and protective effects. The cream is enriched with our patented Ovotelle ingredient, Shea butter, coconut and almond oils, and sea buckthorn oil. This hand cream deeply moisturizes and nourishes the skin, softens the nail cuticle, soothes irritated skin, and makes the skin look smooth and nice.

#### Directions for use:

Massage the hands to rub cream into the skin and into nail cuticles until it soaks in completely.

The product is recommended for everyday use.



# **ORAL CARE**

TENTORIUM<sup>®</sup> oral care products help to keep your teeth and gums healthy. These products make your smile beautiful and healthy, and keep your breath fresh.

Active natural ingredients, such as propolis and pollen extracts, have antibacterial effect and provide appropriate hygiene and maximum protection of the oral cavity. Bee venom improves blood circulation and help deliver nourishment to oral tissues. Every product has resulted from efficient interaction between the nature and innovations. Use the products from the oral care range, and you will have a chance to appreciate the results right away!





Gold Medal awarded by the Apimondia International Federation of Beekeeping Associations in 2017

## PREVENTIVE TREATMENT GEL FOR GUMS WITH BEE VENOM



**Ingredients:** bee venom, propolis extract; chamomile, calendula, common yarrow, sage herbal extracts; D-panthenol; chlorophyll-carotene pine needle paste.

This new and unique gel for gum care with bee venom is a knowhow of our Company. It has been created on the basis of scientific research. The product contains a combination of active ingredients that make your smile shine and prevent periodontal disease. Bee venom used in this gel improves microcirculation in the gums, relieves swelling, and restores affected mucosa. Propolis and herbal extracts promote healing of small wounds and injuries.

#### Directions for use:

Apply gel in a thin layer to the gums after brushing your teeth.

## **ORAL CARE**

100 g



## APIDENT TOOTHPASTE



Ingredients: Propolis extract, pollen (pellets).

This toothpaste contains pollen and propolis extracts. It provides sufficient hygiene of the oral cavity, and efficiently removes dental surface plaque from tooth enamel preventing caries and making your breath fresh.

#### Directions for use:

Squeeze out some toothpaste onto a toothbrush and brush your teeth during three minutes massaging the gums. Rinse your mouth. Brush your teeth at least twice a day.

320 g



#### **MOUTHWASH**



Ingredients: Propolis and St. John's wort extracts.

This unique formula with natural components has been developed to protect teeth against caries and to keep gums healthy. TENTORIUM<sup>®</sup> mouthwash with propolis and St. John's wort helps you to take care of your oral cavity and keep your breath fresh any time of the day. It is easy, convenient and safe to use. Propolis and St. John's wort extracts have strong antibacterial and anti-inflammatory effects, and regenerate soft tissues of the oral cavity.

#### Directions for use:

Rinse your mouth with TENTORIUM® mouthwash after each meal.

## PET FOOD

0,35 кg



## **DRY RA CAT FOOD** For active cats 1 to 7 years old, with chicken

The vitamin and mineral complex this food contains slows ageing and prolongs the active period of cat's life. Fibers improve function of the gastrointestinal tract and help remove furballs from the stomach. Small crusty granules remove tooth plague. Such well-balanced combination of ingredients will make your pet active and healthy for many years to come.



PREVENTION OF GASTROINTESTINAL DISORDERS

HIGH-OUALITY ANIMAL PROTEINS

0,35 кg



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### DRY RA CAT FOOD For neutered cats, with turkey

This food is intended for neutered pet cats that tend to gaining weight. Chitosan included to the food prevents urinary tract diseases. L-carnitine improves metabolic processes. The optimal animal fat-to-protein ratio reduces the risk of obesity. Such well-balanced Ingredients will make your pet active and healthy for many years to come.







PREVENTION OF GASTROINTESTINAL DISORDERS







## **PET FOOD**



## DRY RA DOG FOOD Hypoallergenic food **Turley and potato**

SHINY FUR

The well-balanced food ingredients have been specifically developed for dogs with a sensitive digestive system and gluten intolerance, and for those allergic to different food products. Turley with its reduced allergy index and high digestibility is used as the animal protein source in this food. Chondroitin strengthens the musculoskeletal system making your pet active.

The food contains a unique active component, propolis, which acts as an antioxidant and has bactericidal, antiviral and anti-inflammatory effect. The food is good for oral care - it relieves gum inflammation, makes breath fresh, treats stomatitis, and removes tooth plaque.



## DRY RA DOG FOOD For dogs with a sensitive digestive system Lamb and rice

EXCELLENT

DIGESTION

Pets with a sensitive digestive system require food containing of easily digestible components to reduce load on the gastrointestinal tract. Dietary hypoallergenic lamb meat is the basic ingredient of this food. Lamb meat is rich in valuable amino acids and minerals. OLIN probiotic normalizes gut microflora and metabolic processes.

A unique active ingredient, propolis, normalizes function of the liver, kidneys and gastrointestinal tract. In strengthens the immune system and makes your pet more resistant to adverse environmental effects.



SHINY FUR





ENERGY

BOOST



HEALTHY

JOINTS





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### We look forward to our successful cooperation!